



You'll taste the difference!

All of our Co-op made soups are made from scratch using our from-scratch stock, fresh organic or all-natural ingredients.

January 2023

Sunday, 01-01	Chef's Choice
Monday, 01-02	Ginger Chicken Noodle
Tuesday, 01-03	African Vegetable Stew ♡/🌾
Wednesday, 01-04	Potato Florentine 🌾
Thursday, 01-05	Golden Split Pea ♡/🌾
Friday, 01-06	Chicken & Potato 🌾
Saturday, 01-07	Curried Sweet Potato & Lentil ♡/🌾
Sunday, 01-08	Chef's Choice
Monday, 01-09	Ginger Chicken Noodle
Tuesday, 01-10	Indian Vegetable 🌾
Wednesday, 01-11	Spinach Coconut ♡/🌾
Thursday, 01-12	Chicken Mulligatawny
Friday, 01-13	Broccoli Cheddar Cheese 🌾
Saturday, 01-14	Red Lentil with Curry & Coconut ♡/🌾
Sunday, 01-15	Chef's Choice
Monday, 01-16	Ginger Chicken Noodle
Tuesday, 01-17	Southern French Vegetable ♡
Wednesday, 01-18	Chicken Tortilla 🌾
Thursday, 01-19	Spinach Lentil ♡
Friday, 01-20	Broccoli Cheddar Cheese 🌾
Saturday, 01-21	Carrot with Carmelized Onion & Oranges 🌾
Sunday, 01-22	Chef's Choice
Monday, 01-23	Ginger Chicken Noodle
Tuesday, 01-24	African Vegetable Stew ♡/🌾
Wednesday, 01-25	Mushroom Miso ♡/🌾
Thursday, 01-26	Pumpkin Minestrone ♡
Friday, 01-27	Chicken Wild Rice
Saturday, 01-28	Peruvian Quinoa ♡/🌾
Sunday, 01-29	Chef's Choice
Monday, 01-30	Ginger Chicken Noodle
Tuesday, 01-31	Indian Vegetable 🌾

served daily – Mama's Veggie Chili ♡ 🌾

Our soups are made in a facility that also processes milk, eggs, tree nuts, peanuts, corn, & wheat. While we adhere to good safety & cleanliness practices that help to ensure ingredients do not cross-contaminate other items, we cannot guarantee it.

🌾 = wheat-free ♡ = vegan