fresh deals

NOVEMBER 18 - 25, 2026



2.59/lb
Organic Garnet or Orange Sweet Potatoes
USA grown



2.49/lb
Brussels Sprouts
USA grown



4.99/bag
Organic Honeycrisp Apples
USA grown
2lb bag



2.99/bag
Cranberries
Wisconsin grown
12 oz



5.99
Wholey Cooked Shrimp Ring with Sauce
10 oz



5.99
Brioche Gourmet Dinner Rolls
16.93 oz • 12 ct



save 15%
Meadowlark Organics Organic Flour
Bulk Bin • Ridgeway, WI



15.99-18.99
Outpost Whole Pies
Wheat-free & Vegan options available

we made you dinner!
NOV 18-25

Italian Sausage Lasagna

White Bean Kale Saute *(vegan)*

Red Lentil Curry *(wheat-free & vegan)*

4-Cheese Mac & Cheese *(vegetarian)*



owners save more

NOVEMBER 18 - 25, 2026



2.29/lb
regularly 2.99/lb
Ferndale
Natural Whole Turkey
Cannon Falls, MN



1.69/lb
regularly 1.99/lb
Organic Celery
USA grown



3.99/lb
regularly 4.49/lb
Larry Schultz
Organic
Whole Turkey
Owatonna, MN



1.49/lb
regularly 1.99/lb
Organic
Winter Squash
All varieties
Wisconsin grown



5.99/lb
regularly 7.99/lb
Beeler's
Bone-In Spiral
Sliced Ham
Le Mars, IA



6.49/ea
regularly 7.99/ea
Del Real
Organic Medjool or
Coconut Date Rolls
California grown •12 oz



4.99/lb
regularly 6.99/lb
Outpost
Pork Breakfast Sausage



5.49/lb
regularly 6.99/lb
Sunridge Farms
Organic Brown
& Wild Rice
Bulk Bin

OUTPOST CO-OP

MILWAUKEE | BAY VIEW | WAUWATOSA | MEQUON

*SALES GOOD WHILE SUPPLIES LAST

co+op deals®

NOV 18 - DEC 1, 2026

be egg-static!

It's time to get crackin' because the co-op has buy one, get one free eggs! That's right — Vital Farms pasture-raised eggs are ready for your holiday recipes, like pumpkin pies, casseroles and deviled eggs! It's the perfect time to double up on protein and make extras to share.



Buy One, Get One

FREE

Vital Farms
Pasture-raised Large Eggs
1 doz.



Buy One, Get One

FREE

Green Valley
Organic Lactose-free
Sour Cream
12 oz.



Buy One, Get One

FREE

Q Mixers
Premium Ginger Beer
4 pk.-7.5 fl. oz. cans



Buy One, Get One

FREE

Talenti
Gelatos
1 pt.

BOGO

Buy One, Get One

FREE

special offers inside!

Buy One, Get One FREE Deals at the Co-op!

BOGO

Welcome to BOGO (buy one, get one FREE) deals! You'll find savings on products you love from brands you trust in departments across the co-op. Look for the BOGO deals signs throughout the store.



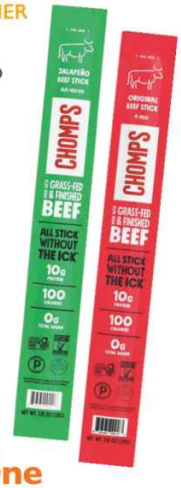


Buy One, Get One FREE

Izze
Sparkling Juice Drinks
6 pk.-8.4 fl. oz.

INCLUSIVE TRADE PARTNER

Chomps makes on-the-go protein snacks that don't compromise on taste, using sustainably sourced proteins with no hidden or harmful ingredients.



local inclusive trade BOGO

Buy One, Get One FREE

Chomps
Meat Sticks
1.15 oz.
Chicago, IL



Buy One, Get One FREE

Daiya
Frozen Pizzas or Flatbreads
11.7-19.4 oz.



Buy One, Get One FREE

Beyond
Plant-based Steak Tips
10 oz.

Double the yum with these BOGO deals.

Some items may not be available at all stores or on the same days



3.99

Daiya
Cream Cheeze Spread
8 oz.



3.99

Daiya
Mac & Cheese or
Salad Dressing
8.36 fl. oz.



3.99

Daiya
Plant-based Cheese
Slices, Shreds or Block
7.1-7.8 oz.

cheese reimagined

Dairy-free cheesy goodness you'll love in every bite. Prepare for a melt that truly delivers! Thanks to our **Daiya** Oat Cream™ blend, dairy-free cheese has never tasted so creamy, cheesy and satisfying.

we've got the cheeses



COOPERATIVELY OWNED

And all of them are made with organic pasture-raised milk from our family farms. Because when this much care is put into making your cheese, you can taste it in every smooth, creamy, delicious bite.

Buy One, Get One FREE

Organic Valley
Sliced Cheese
6 oz.
LaFarge, WI

Buy One, Get One FREE

Organic Valley
Shredded Cheese
6 oz.
LaFarge, WI

Buy One, Get One FREE

Organic Valley
Stringles
8 oz.
LaFarge, WI

5.99

Organic Valley
Raw Block
Cheese
8 oz.
LaFarge, WI

Smile and say "cheese!"

Some items may not be available at all stores or on the same days



owners save more

Co-op owners enjoy extended savings on selected Field Day products through December 1

INCLUSIVE TRADE PARTNER



3.69
Baba's Hummus
10 oz.



5.49
Smart Chicken Organic Whole Chicken
per pound



7.49
Uncle Matt's Organic Orange Juice
52 fl. oz.



9.99
Colamecos Primo Italian & Spanish Sliced Deli Selection
2.06 oz.



5.39
Field Roast Plant-based Cheese
7 oz.



7.49
Wellshire Turkey Bacon
12 oz.



6.99
Wellshire Turkey Kielbasa
12 oz.

Good nutrition and great days.

Some items may not be available at all stores or on the same days



5.49

Just
Frozen Folded
Plant-based
Eggs
8 oz.

everyday low price



3.79

Simple Soyman
Plain Tofu
16 oz.
Milwaukee, WI



great buttery taste

Light, creamy and packed with rich flavor — this vegan, non-GMO plant butter is gluten-free and dairy-free. It's perfect for baking, cooking or spreading.

5.79

Earth Balance
Plant-based Sticks or Spread
13-16 oz.



4.49

Oatly
Plant-based
Creamer
32 fl. oz.



4.49

Oatly
Oatmilk
64 fl. oz.



6.99

Just
Liquid Plant-based
Eggs
16 fl. oz.

boldly delicious

Bring bold flavor to every occasion with chef-inspired plant-based favorites. From mini corn dogs and Italian sausages to smoky tempeh and roasts, these culinary-crafted offerings are made for sharing, savoring and discovering something new.



4.99

Lightlife
Organic Tempeh
Strips
6-7 oz.



5.39

Field Roast
Plant-based
Sausages
12.95 oz.



6.49

Field Roast
Plant-based
Appetizers
10 oz.



7.99

Field Roast
Plant-based
Celebration Roast
16 oz.

Plenty of plant-based options are at the co-op.

Some items may not be available at all stores or on the same days

INCLUSIVE TRADE PARTNER



5.49

GT's
Cocoyo Yogurt
9 fl. oz.

find goodness within

INCLUSIVE TRADE PARTNER

Invite the goodness of nature into your everyday routine. Family- and LGBTQIA+-owned, SYNERGY is made with organic ingredients, raw fermentation and naturally occurring probiotics. A daily ritual rooted in wellness and gratitude.



2/$6

GT's
Kombuchas
16 fl. oz.



2/$8

Immaculate
Organic Flaky Biscuits & Crescent Rolls
16 oz.
Golden Valley, MN



5.49

Immaculate
Organic Cinnamon Rolls
17.5 oz.
Golden Valley, MN

make holidays so delicious

Indulge in dairy-free holiday favorites with **So Delicious®** products. From Coconutmilk Creamer and CocoWhip® Topping to Coconutmilk Yogurt alternatives, these creamy essentials bring rich flavor to seasonal recipes and festive gatherings, making every celebration a little more delicious.



2.99

So Delicious
Coconutmilk
Holiday Nog
32 fl. oz.



3.49

So Delicious
CocoWhip
Topping
9 oz.



5.39

So Delicious
Organic
Coconutmilk
64 fl. oz.



5.99

So Delicious
Coconutmilk
Yogurt
24 oz.

Brighten your meals with deals like these.

Some items may not be available at all stores or on the same days



8.49

Quorn
Meat-free Turk'y Roast
16 oz.



14.99

Gardein
Plant Based
Turk'y Roast
35.2 oz.



3.79

Silver Hills
Sprouted Bread
21-22 oz.
Select varieties



4.99

Little Northern
Bakehouse
Gluten-free Bread
14-17 oz.



9.49

Alden's Organic
Ice Cream
48 fl. oz.



15.99

Tofurky
Plant-based Roast
19-26 oz.



6.29

Tofurky
Savory Giblet
Gravy
15 oz.



2.79

Stahlbush Island
Farms
Frozen Sweet
Potatoes
10 oz.

Frozen variety for anytime meals.

Some items may not be available at all stores or on the same days



4.99

Traditional Medicinals Organic Herbal Tea

16 ct.

plant-based favorites

You can enjoy your favorite organic, non-GMO, dairy-free, lactose-free, gluten-free beverage with either our **West Life** 9 grams of protein soymilk, or our creamy, smooth **Dream** horchata.



3.69

Dream Horchata or West Life Organic Soymilk

32 fl. oz.



2/$6

Pacific Foods Plant-based Almond Milk Beverages

32 fl. oz.



3.99

Nature's Path Organic Instant Oatmeal Packets

11.3-14 oz.



5.99

Kashi Cinnamon Harvest Cereal

12.7-18 oz.

supporting the ¡BioRevolution! Project



COOPERATIVELY OWNED

Balanced and sweet, with hints of vanilla, milk chocolate, honey and brown sugar in a Full-City Roast! For every pound of ¡BioRevolution! Coffee purchased, 50 cents goes to supporting innovative farmer-led projects.

11.99

Equal Exchange Organic Coffee

10-12 oz.



Breakfast and pantry staples are at the co-op.

Some items may not be available at all stores or on the same days



7.99

Once Again
Organic Tahini
16 oz.

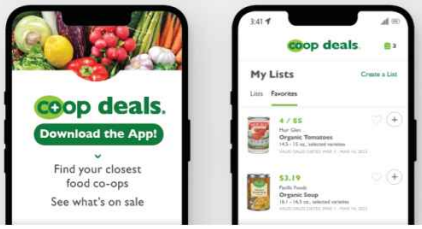
made wildly good



Thoughtfully sourced. Small-batch crafted. Employee-owned. We bring deliciously simple ingredients together with uncompromising standards for rich, wildly good nut butters.

5.99

Once Again
Organic Unsweetened
Peanut Butter Salted or
Unsalted Crunchy or Creamy
16 oz.



Never miss your **favorite deals**.
Download the Co+op Deals app!



2/$7

Harmless Harvest
Organic Coconut
Smoothies
10 fl. oz.



5.69

Crofter's
Organic Premium
Fruit Spread
16.5 oz.



5.49

Bragg
Organic Apple Cider
Vinegar
32 fl. oz.

Delicious food that families love.

Some items may not be available at all stores or on the same days



2/$5
Westbrae
Organic Chili Beans or Lentils
15 oz.



2/$4
Lotus Foods
Rice Ramen
2.8 oz.



4.79
Maille
Dijon Mustard
7-9.4 oz.



7.99
Primal Kitchen
Mayonnaise
12 fl. oz.
no seed oils



5.99
Primal Kitchen
Salad Dressing
8 fl. oz.
no seed oils



9.99
4th & Heart
Grass-fed Ghee
9 oz.



13.49
Graza
Sizzle Extra
Virgin Olive Oil
25.3 fl. oz.



5.99
Better than Bouillon
Broth Base
8 oz.
Select varieties



deliciously inspired

Stock your pantry with delicious organic soups and broths from **Pacific Foods.** Pacific soups and broths are made with fresh, organic ingredients for wholesome comfort and a satisfying meal.

2/$7
Pacific Foods
Organic Broths
32 fl. oz.



6.99
Sir Kensington's
Classic Mayonnaise
12 fl. oz.

Save big on meals made at home.

Some items may not be available at all stores or on the same days

COOPERATIVELY OWNED



2/$8
Blue Diamond Nut Thins
3.75-4.25 oz.



2.79
Angie's Boomchickapop Popcorn
4.4-7 oz.



3.99
Endangered Species Chocolate Bar
3 oz.



no seed oils

2/$7
Boulder Canyon Potato Chips
5.25-6.5 oz.

COOPERATIVELY OWNED



3.99
Equal Exchange Organic Chocolate Bar
2.8-3.5 oz.



6.99 Guittard Baking Chips
9 oz.
Select varieties



6.99 Hu Kitchen Dark Chocolate Baking Chips
7 oz.



simple joys, no regrets

Back to Nature is remaking your favorite snacks super tasty with honest-to-goodness ingredients. Simple joys, no regrets, happy days.

2/$7
Back to Nature Crackers
4-6.5 oz.



3.69
Terra Vegetable Chips
5 oz.

Essentials for all occasions are at the co-op.

Some items may not be available at all stores or on the same days

cook with care

The best holiday memories happen around the table. **If You Care** brings reliable performance to every recipe, with thoughtfully made products that care for your family and the planet.



1.99
If You Care Large Baking Cups
60 ct.



3.99
If You Care Unbleached Coffee Filters
100 ct.



5.99
If You Care Parchment Baking Paper
70 sq. ft.



5.99
If You Care Unbleached Wax Paper
75 sq. ft.



Supplies you'll need for the season ahead.

Let the good times roll.



clean – without anything extra

Seventh Generation's biobased power cuts through the toughest grease without any unnecessary artificial dyes or fragrances. Be extra. Don't do extra.

3.69
Seventh Generation Liquid Dish Soap
19 fl. oz.



Make clean-up easy with products from the co-op.

Some items may not be available at all stores or on the same days



13.99

Dr. Bronner's
Pure Castile Liquid Soap
32 fl. oz.





9.39

Everyone
Body Lotion
32 fl. oz.



2/$6

The Humble Co.
Floss Picks
50 ct.



3.69

Everyone
Hand Soap
12.75 fl. oz.



12.49

Kal
D-3 K-2
ACTIVMELT
1/60 ct

the power of Omega-3



Nordic Naturals Ultimate Omega® is 100% wild-caught, sustainably sourced and purity-tested with a fresh, clean lemon taste. With 1,280 mg of omega-3s per serving for powerful cellular support.

20.99

Nordic Naturals
Ultimate Omega
60 ct.



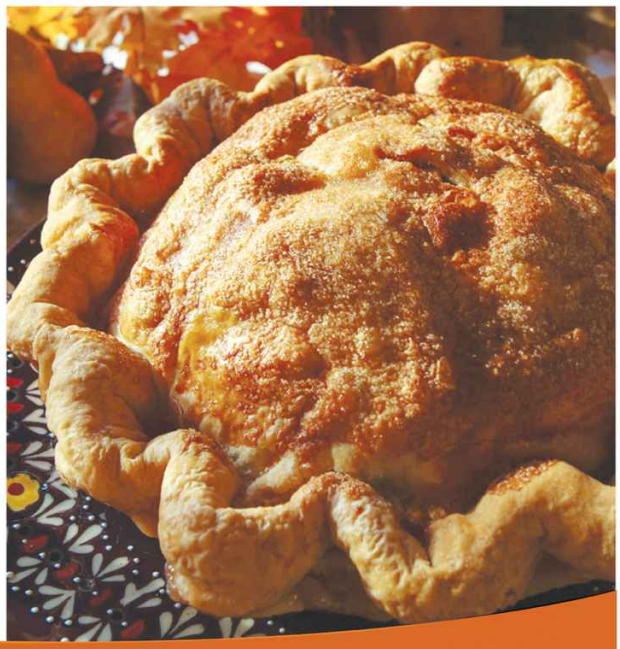
19.99

Smartypants
Organic Kids Multi & Omegas Gummies
120 ct.

Feel good inside and out.

Some items may not be available at all stores or on the same days







co+op MADE

Your favorite pie!

homemade recipes you love • vegan & wheat free

OUTPOST
CO-OP SINCE 1970

MILWAUKEE
100 e. capitol drive
414-961-2597

WAUWATOSA
7000 w. state street
414-778-2012

BAY VIEW
2826 s. kinnickinnic avenue
414-755-3202

MEQUON
7590 w. mequon road
262-242-0426

outpost.coop



4.49
Simple Mills
Almond Flour Crackers
4-4.25 oz.



5.99
Treeline
Plant-based Soft
Cheese
6 oz.



6.49
San Pellegrino
Italian Sparkling
Drink
6 pk.-11.15 fl. oz.



3.79
Divina
Cocktail Onions
10.6 oz.



Buy One, Get One
FREE
Tillen Farms
Maraschino or
Bada Bing Cherries
13.5-14 oz.

Scan the QR code to learn more about the quality and values represented by these symbols.

USDA ORGANIC · BOGO · co-op basics · inclusive trade · co+op · new

Some items may not be available at all stores or on the same days.

MW1126B

co+op®