

fresh deals

JUNE 3 - 9, 2026



4.99 /ea

Outpost
Grab & Go Smoothies

Blue Moon, Maui Wau Crush,
Strawberry Superb & Peachy Green



99¢ /lb

Organic Seedless
Watermelon Cuts
California grown



9.99 /ea

Organic Whole
Seedless Watermelon
California grown



\$2 off/lb

Tierra Farms
Fair Trade Organic
Raw Cashews
Whole or Pieces



2.99 /ea

Pineapple
Honduras grown



3.99

Outpost
Mexican Chocolate
Cupcakes
4 pack



5.29

Klarbrunn
Sparkling Water
12 oz • 12 pack

we made
you dinner!
JUNE 3 - 9

Butter Chicken
Roasted Vegetable Lasagna (vegetarian)
Pad Thai (vegan & wheat-free)
4-Cheese Mac & Cheese (vegetarian)
Vegan Mac & Cheese (vegan)



owners save more

JUNE 3 - 9, 2026



3.99 /pint
regularly 5.99/pint
Organic Blueberries
California grown



4 for \$5

regularly 2.49/ea
Organic Ataulfo Mangoes
Mexico grown



3.99 /lb

regularly 4.99/lb
Organic Peaches or Nectarines
California grown



1.99
regularly 2.99
Dairy Fresh Cream Cheese
Taylor, MI • 8 oz



3.99

regularly 4.39
Original Bagel
New York Style Bagels
Plain or Everything
24 oz



3.99
regularly 5.39
Planet Oat Oatmilk
Original, Vanilla, or
Unsweetened • 52 fl oz



1.79

regularly 2.29
C'est Gourmet Chocolate Croissants



OUTPOST CO-OP

MILWAUKEE | BAY VIEW | WAUWATOSA | MEQUON

*SALES GOOD WHILE SUPPLIES LAST

coop deals

JUN 3 - JUN 16, 2026

stay hydrated

The hot summer months are here. Vita Coco's Coconut Water is the perfect beverage to reach for after an active day outdoors. With nutrients and electrolytes, you'll be able to stay hydrated. Find it on sale at the co-op!



4.39

Vita Coco
Coconut Water
33.8 fl. oz.



3.99

Cascadian Farm
Organic Cereals,
Granolas or
Granola Bars
7.4-14.4 oz.
Select varieties



2/\$6

Good Health
Potato Chips
5 oz.

no seed oils



5.49

JonnyPops
Frozen Novelties
6.72-14.8 fl. oz.
Elk River, MN

local



5.49

Smart Chicken
Boneless Skinless
Thighs
per lb.



5.49

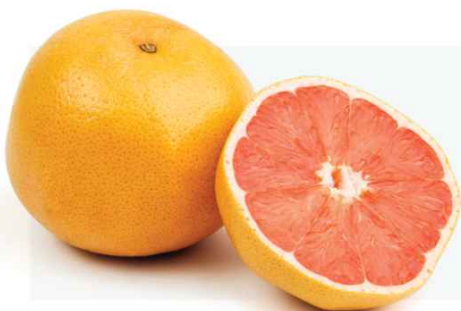
So Delicious
Coconutmilk
Yogurt
24 oz.



5.99

LaCroix
Sparkling Water
12 pk.-12 fl. oz.
La Crosse, WI

local



Visit the co-op for everything for your summer gatherings.

Let the good times roll!



4/\$5

Chobani
Greek Yogurts
5.3 oz.



whole coconut goodness

Organic young Nam Hom coconuts grown in Thailand, carefully harvested and bottled. With no extra ingredients, our 100% coconut water is the closest you can come to drinking straight from a coconut!

4.79

Harmless Harvest
Organic Coconut Water
16 fl. oz.



2/\$4

Icelandic Provisions
Oatmilk Skyr
Yogurts
5.0 oz.



5.99

Lifeway
Organic Kefir
32 fl. oz.
Morton Grove, IL



defiantly rich



A creamy, velvety delight where every spoonful is a symphony of rich and refined flavor.

6.49

Fage
Greek Yogurt
32 oz.

INCLUSIVE TRADE PARTNER

GT's Living Foods is an Inclusive Trade business and a leader in fermented foods. We are proud to remain a family-owned and operated company.



5.49

GT's
Organic
CocoYo Yogurt
8 fl. oz.



Favorites to start the day from the co-op.



3.99
Daiya
Plant-based
Cheese
7.1-8 oz.



4.49
Petit Pot
Organic French
Dessert
8 oz.

COOPERATIVELY OWNED



4.79
Organic Valley
Shredded Cheese
6 oz.
La Farge, WI



4.99
Nancy's
Organic Yogurt
32 oz.

COOPERATIVELY OWNED



6.49
Organic Valley
Pasteurized
Egg Whites
16 oz.
La Farge, WI

COOPERATIVELY OWNED



5.79
Organic Valley
Half & Half
32 fl. oz.
La Farge, WI



6.49
Nuts for Cheese
Organic & Dairy-free
Fermented
Cashew Product
4.23 oz.

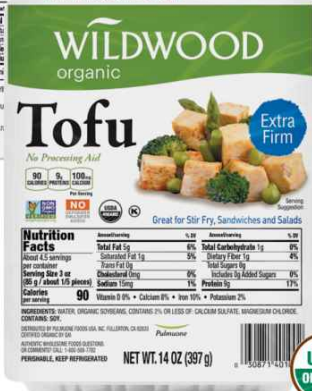


4.29
Lifeway
Farmer Cheese
17 oz.
Morton Grove, IL

COOPERATIVELY OWNED



6.49
Organic Valley
Grassmilk
59 fl. oz.
La Farge, WI



2.99

Wildwood Organic
Sprouted Tofu
14 oz.



3.99

Green Valley
Organic Lactose-free
Cream Cheese
8 oz.

New and delicious options are at the co-op.



3.99

Oatly
Shelf-stable
Oatmilk
32 fl. oz.
Original or Barista
Edition



3.79

Wildwood
Organic
Baked Tofu
7 oz.



8.49

Chameleon Coffee
Organic Cold-brew
Concentrate
32 fl. oz.



4.49

Oatly
Refrigerated
Oatmilk
64 fl. oz.



5.49

Tofurky
Plant-based
Sausages
13 oz.



5.99

Forager Project
Organic Cashewmilk
Yogurt
24 oz.

INCLUSIVE TRADE PARTNER



5.29

Foodies
Pumfu
8 oz.



2/\$6

Chameleon Coffee
Organic Cold Brew
Coffee
10 fl. oz.



5.99

Hodo
Organic Moroccan
Tofu Cubes
8 oz.



4.49

Beyond
Plant-based
Breaded Chicken
Tenders
8 oz.



7.49

Beyond
Plant-based
Steak Tips
10 oz.

Hot days call for cool deals from the co-op.



2.79

Stahlbush Island Farms
Frozen Vegetables
10 oz.

CLEAN-est energy →

Brewed with organic yerba mate and thoughtfully sourced ingredients. 50% net profits support addiction recovery.



2/\$4

Clean Cause
Organic Yerba Mates
16 fl. oz.

Coop basics every day low price



9.99

Field Day
Organic
Blueberries
32 oz



4.49

Jolly Llama
Dairy-free
Frozen Novelties
11-14.25 fl. oz.



4.99

Little Northern
Bakehouse
Gluten-free Bread
16-17 oz.



6.49

Beyond
Breakfast
Sausage
9.3-9.7 oz.



2/\$6

Back to Nature
Crackers
3.2-7 oz.



3.69

Little Sesame
Organic Hummus
8 oz.



3.99

Q Mixers
Drink Mixers
4 pk.-7.5 fl. oz. cans

←
picnic goodies

For your next picnic, include **Back to Nature** Crackers and **Little Sesame** Organic Hummus for a delicious snack, plus enjoy your favorite summer cocktails and mocktails made with **Q Mixers**. Sunshine with your favorite people and the best snacks is what summer is all about.

Fill your picnic basket with snacks from the co-op.



100% organic, 100% delicious



INCLUSIVE TRADE PARTNER

GoMacro is a woman-owned company. Meet the bar that started it all! Our original Peanut Butter Chocolate Chip Macrobar® combines 11 grams of plant-based protein with organic, creamy peanut butter, roasted peanuts and our vegan chocolate chips!

2.59

GoMacro Organic Bar
2-2.4 oz.
Viola, WI



3/\$5

Epic Meat or Seafood Strips
.8 oz.



2/\$4

Clif Builders Protein Bars or Nut Butter Filled Bars
1.76-2.4 oz.



4.99

One Degree Organic Foods Sprouted Brown Rice Cereal
8-10 oz
Original or Cacao

COOPERATIVELY OWNED

made wildly good

Thoughtfully sourced. Small-batch crafted. Employee-owned. We bring deliciously simple ingredients together with uncompromising standards for rich, wildly good nut butters.

5.99

Once Again Organic Peanut Butter
16 oz.
No Salt Added Crunchy or Creamy



5.79

Pamela's Whenever Bar
5 pk.-1.41 oz.



5.49

Lakewood Organic Mango Juice
32 fl. oz.

The co-op has the summertime snacks you love.



2/\$7

Terra
Vegetable Chips
5 oz.
Select varieties

Swiss craft →

Swiss chocolate tradition meets modern sustainability - responsibly sourced cacao, fair trade partnerships and eco-forward packaging come together in a bar crafted with purpose.

4.29

Alter Eco
Organic Chocolate Bar
2.65-2.96 oz.



2/\$5

Good Health
Peanut Butter
Filled Pretzels
5 oz.



3.79

From the Ground Up
Cauliflower Crackers
4 oz.



5.49

Tony's Chocolonely
Chocolate Bars
6.35 oz.

↙ *snack into summer*

Simple Mills cookies and crackers are here for June - delicious, feel-good snacks made for summer moments, from backyard gatherings to on-the-go bites.

4.39

Simple Mills
Crackers
4.25 oz.



3.49

Jennies
Organic
Coconut Bites
5.25-8 oz.

Stock your pantry with snacks from the co-op.



2/\$5

Odyssey Energy Drinks
12 fl. oz.
Select varieties



2/\$7

Que Pasa Organic Avocado Oil Tortilla Chips
7.5 oz.

no seed oils



*gluten free,
Italian crafted*

Crafted in Italy using time-honored methods, our organic brown rice pasta delivers award-winning taste and texture. Bronze-die cut and slow-dried, it's gluten-free pasta without compromise.

3.99

Jovial Organic Brown Rice Pasta
12 oz.



5.79

Sky Valley Sriracha Sauce
18.5 fl. oz.



5.99

Izze Sparkling Juice Drink
6 pk.-8.4 fl. oz.



9.99

Navitas Organics Unsweetened Raw Cacao Powder
8 oz.



new premium pour

Now with a convenient pop-up spout, our Organic Extra Virgin Olive Oil delivers a smooth, drip-free pour that makes it perfect for drizzling over your favorite dishes.

17.99

Napa Valley Naturals Organic Extra Virgin Olive Oil
25.4 fl. oz.



2.69

Westbrae Organic Lentils
15 oz.

The co-op has something for everyone.

summer made simple

Hosting just got a whole lot easier with **Woodstock's** pantry favorites. From condiments to salad toppers and more, our products are made with quality ingredients that bring delicious flavor to every occasion.



4.69
Woodstock
Organic BBQ
Sauce
18 oz.



3.39
Woodstock
Organic Ketchup
19.5-20 oz.



3.69
Woodstock
Organic Olives
8.4-8.5 oz.



4.99
Woodstock
Organic Pickles
24 oz.



2.69
R.W. Knudsen
Organic Recharge
Electrolyte Sports
Beverage
32 fl. oz.
Orange or Lemon



4.99
Lakewood
Little's Organic
Juice Boxes
8 pk.-6.75 fl. oz.



2.29
Harvest Snaps
Snack Crisps
3-3.3 oz.



6.99
Fentiman's
Soda
4 pk.-9.3 fl. oz.



2.69
Mori-Nu
Shelf Stable Tofu
10.8-10.9 oz.
Soft, Firm or Extra Firm



3.69
Bhuja
Snack Mix
7-7.1 oz.



3.69
Crown Prince
Smoked Oysters
in Olive Oil
3 oz.

The co-op has what you need for a great summer.



4/\$5
 Four Sigmatic
 Organic Think
 Elixir Mix
 0.1oz.



*doctor formulated
 and delicious*

At MegaFood, we make supplements with intention, credible in science, clean in formulation and conscious in our care for people, communities and the planet.

9.99

MegaFood
 Relax + Calm Magnesium
 30 ct.



5.99
 Bragg
 Organic Apple
 Cider Vinegar
 32 fl. oz.



15.99
 Natural Factors
 Quercetin
 60 ct.



17.99
 Andalou Naturals
 Resveratrol Q10
 Night Repair
 Cream
 1.7 fl. oz.



20.99
 Weleda
 Skin Food
 Nourishing Day
 or Night Cream
 1.3 fl. oz.

INCLUSIVE TRADE PARTNER

When you smell the fragrance of a plant, you are hearing it speak to you—botanical scent is chemical communication. Our Plant Perfumes are entirely essential oil based. We create inclusive scents, made for all bodies, minds, and hearts.



22.99

Fat and the Moon
 Plant Perfume
 1 fl. oz.

INCLUSIVE TRADE PARTNER

Badger is a woman-owned company. We are family-owned and operated and create organic body care products with nourishing nutrients.

9.99

Badger
 SPF 50 Adventure
 Mineral Sunscreen
 Cream
 2.9 fl. oz.



Body care and wellness essentials are at the co-op.



3.79
Dr. Bronner's
Pure Castile Magic
Soap Bar
5 oz.

INCLUSIVE TRADE PARTNER

ECOS is a Black- and women-owned company creating plant-powered, hypoallergenic laundry detergent that fight stains effectively while caring for your home and the planet.



13.99

Ecos
Liquid Laundry
Detergent
100 fl. oz.
Addison, IL



35.99
Vital Planet
Women's Daily
Probiotic
30 ct.



8.69
Humble
Deodorant
2.65 oz.



12.99
Naturtint
Hair Color
5.07 fl. oz.

*the feel-good
natural choice*



3.99
Tom's of Maine
Spearmint Floss
32 yds.



5.99
Tom's of Maine
Toothpaste
4-4.5 oz.



5.39
Tom's of Maine
Mouthwash
16 fl. oz.



7.99
Tom's of Maine
Deodorant
3.25 oz.

Choose **Tom's** for naturally effective body care. Our toothpaste, mouthwash, floss and deodorants are free from artificial flavors, fragrances, dyes or preservatives. Smile bright and feel fresh, naturally!

Sparkle and shine with products from the co-op.



Help local kids eat well this summer!

When school's out, many Milwaukee kids lose access to regular meals— Together, we can help fill the gap.

Donating is easy (and makes a big difference!)

- Round up your total at checkout
- Drop spare change in a donation jar
- Add a healthy food item to the store donation bin



MILWAUKEE

100 E. Capitol Dr.
414-961-2597

WAUWATOSA

7000 W. State St.
414-778-2012

BAY VIEW

2826 S. Kinnickinnic
414-755-3202

MEQUON

7590 W. Mequon Rd.
262-242-0426

outpost.coop

June 1 - August 31 FOOD DRIVE & FUNDRAISER for Hunger Task Force

tackle dishes with confidence



We make dishwashing liquids powered by renewable, plant-based ingredients that fight grease with ease and make dish time less of a chore.

3.69

Seventh Generation
Liquid Dish Soap
19 fl. oz.



3.79

Repurpose
Heavy Duty
Compostable Plates
20 ct.



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



MW0626A