

fresh deals

MARCH 11 - 17, 2026

Only on Pi Day! 3/14



SAVE \$1

Outpost
Half & Whole Pie
Double Crust or Apple Cherry Crumble

flash
sale



3.99 /bag

Tipi Produce
Organic 2 lb Bag
Carrots
Evansville, WI



3.99 /lb

Organic Asparagus
Mexico grown



5.99 /lb

Outpost Irish Country
Pork Sausage



SAVE \$1

Outpost Harvest
Vegetable Pot Pie



2.99 /ea

Outpost
Irish Cream Cheesecake



2.99 /ea

Outpost
Irish Soda Bread

**we made
you dinner!**

MAR. 11-17

Irish Beef Stew

Turkey Shepherd's Pie

Chickpea Dumplings w/ Collard Greens
(vegan & wheat-free)

4-Cheese Mac & Cheese (vegetarian)

Vegan Mac & Cheese (vegan)



owners save more

MARCH 11 - 17, 2026



SAVE \$1

regularly 9.99 or 10.99

Outpost

Reuben Sandwich

Grab & Go or Sandwich Bar



99¢/lb

regularly 1.59/lb

Organic
Green Cabbage
Mexico grown



2.99/bag

regularly 3.99/bag

Organic 3 lb Bag
Red Potatoes
Idaho grown



2.49

regularly 3.29-3.59

Silver Spring
Fresh Ground or
Prepared Horseradish
Eau Claire, WI • 8 oz



15.99/lb

regularly 18.99/lb

Pineland Farms
Fresh Corned
Beef Brisket
Hormone- & Antibiotic-free



3.99

regularly 4.99

Brioche Gourmet
Hotdog Buns
9.52 oz



4.99

regularly 5.99

Usinger's Uncured
Smoked Chicken Sausage
Milwaukee, WI • 11 oz



OUTPOST CO-OP

MILWAUKEE | BAY VIEW | WAUWATOSA | MEQUON

*SALES GOOD WHILE SUPPLIES LAST

coop deals

MAR 4 - MAR 17, 2026

parfait your way

NUTRITIOUS SNACK

Spring ahead with a delicious and creamy siggi's skyr yogurt. They're protein packed and perfect as a pick-me-up snack for studying, post workout or finishing a work deadline. Find them on sale at the co-op, and get creative with added toppings for an anytime-of-day parfait.



4/\$5

Siggi's
Skyr Yogurts
4.4-5.3 oz.



2.99

Maya Kaimal
Organic Everyday
Entrees
10 oz.



3.39

Kettle Brand
Potato Chips
4.25-5 oz.



3.49

Brianna's
Salad Dressing
12 fl. oz.
Select varieties



OUTPOST CO-OP

MILWAUKEE | BAY VIEW | WAUWATOSA | MEQUON

100 E. Capitol Dr.
414-961-2597

2826 S. Kinnickinnic
414-755-3202

7000 W. State St.
414-778-2012

7590 W. Mequon Rd.
262-242-0426

Good groceries right down the street!

Shop our weekly
Fresh & Owner Deals



outpost.coop/shop



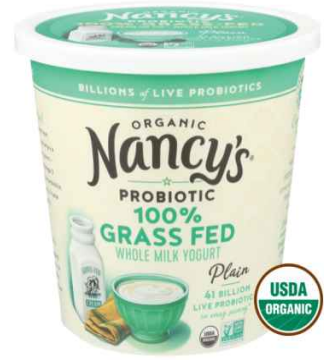
3/\$4

Fage
Greek Yogurts
5.3 oz.



2/\$7

Blue Diamond
Refrigerated
Almondmilk
64 fl. oz.



5.39

Nancy's
Organic Grass-fed Yogurt
24 oz.



5.99

Forager Project
Organic
Cashewmilk
Yogurt
24 oz.



5.99

Bizzy
Organic Cold
Brew Coffee
48 fl. oz.
Minneapolis, MN



4.99

Forager Project
Organic Oat
Half & Half
20 fl. oz.



6.99

Cocojune
Organic Coconut
Cultured Yogurt
16 oz.



taste the truth

Stonyfield Organic makes it easy and delicious to get billions of probiotics with each serving of this yogurt, which helps support immunity and digestive health.

4.29

Stonyfield Organic
Yogurt
32 oz.



The co-op has everything for your morning meal.

COOPERATIVELY OWNED



4.99

Kerrygold
Pure Irish Butter
8 oz.



5.49

Kodiak Cakes
Frozen Waffles
10.72-13.4 oz.



The co-op has cooperatively owned brands.
Co-ops support economic empowerment.

COOPERATIVELY OWNED



3.99

Organic Valley
Sour Cream
16 oz.
Lafarge, WI

COOPERATIVELY OWNED



made in
LaFarge,
WI

5.69

Organic Valley
Raw Block Cheese
8 oz.
Lafarge, WI

COOPERATIVELY OWNED



5.49

Organic Valley
Cottage
Cheese
16 oz.
Lafarge, WI



Co-ops Build Community

Look for the co-op trademark to find brands cooperatively owned by their workers, farmers or community.

Find farm-fresh options at the co-op.



4.49
Applegate
Uncured Pork & Beef
Pepperoni
4 oz.



3.99
Rebbl
Organic
Functional
Beverage
12 fl. oz.



4.49
Cleveland Kitchen
Kimchi Pickles
16 oz.



3.99
Baba's
Hummus
10 oz.



6.99
Applegate
Organic Sliced
Deli Meat
6 oz.



7.99
Smart Chicken
Organic
Boneless
Skinless Thighs
per pound



7.99
Thousand Hills
Uncured Smoked
Beef Brisket Bacon
8 oz.
Cannon Falls, MN

big burger flavor



Juicy bite you know
and love. Made
from simple, plant-
based ingredients.
Ready in five
minutes.

5.99 Beyond
Plant-based Burger Patties
8 oz.



Stock the fridge with help from the co-op.

wholesome nutrition made easy

Woodstock Frozen Fruits and Vegetables are quick-frozen to maintain their nutrition and goodness without the use of preservatives, artificial colors or flavors. These frozen staples work great in your favorite recipes and will help save you time in the kitchen.



2.29

Woodstock
Frozen Vegetables
10 oz.



2.79

Woodstock
Organic Frozen Vegetables
10 oz.



3.79

Woodstock
Organic Frozen
Mushrooms
10 oz.



4.49

Cleveland Kitchen
Classic Kimchi
16 oz.



4.99

Blake's
Organic Pot Pie
8 oz.



4.99

Little Northern
Bakehouse
Gluten-free Bread
16-17 oz.



5.49

Food for Life
Organic Bread
24 oz.
Select varieties

everyday low price



5.99

Field Day
Wild Caught
Breaded Fish
Sticks & Fish
Fillets
8 oz.



7.49

Daiya
Frozen Pizza
12.8-19.4 oz.



7.99

Siete
Tortillas
7 oz.

Find frozen staples at the co-op.



4/\$5

Larabar
Fruit & Nut Bars
1.6-1.7 oz.



2/\$5

Blue Diamond
Almondmilk
32 fl. oz.
Select varieties



99¢

Nature's Bakery
Fig Bar
2 oz.

COOPERATIVELY OWNED



2/\$8

Equal Exchange
Organic Teas
20 ct.



COOPERATIVELY OWNED



4.39

R.W. Knudsen
Organic Blueberry
Pomegranate or
Cranberry
Pomegranate Juice
32 fl. oz.



6.99

King Arthur
Baking Company
Unbleached
Artisan All-
purpose Flour
5 lbs.



12.99

Equal Exchange
Organic Regular
Roast Coffee
per pound in bulk



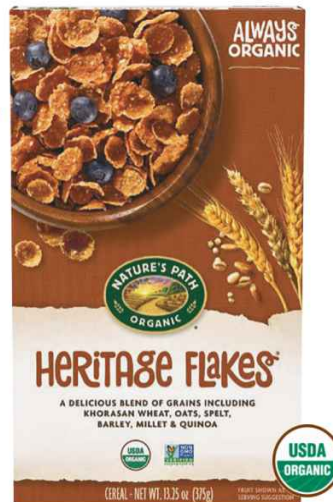
healthy, organic you

Heritage Flakes® is a wholesome, hearty cereal with six ancient grains, including khorasan, quinoa, spelt, millet, oats and barley. Each has unique benefits for all-day organic living with Nature's Path!

3.99

Nature's Path Organic
Cereal

9.5-14 oz.
Select varieties



7.79

Bob's Red Mill
Organic Gluten-free
Rolled Oats
28-32 oz.



The co-op has something for everyone.

Some items may not be available at all stores or on the same days



5.99 Spindrift
Sparkling Water
8 pk.-12 fl. oz.



2/\$4
Clif
Nut Butter or
Builders Protein
Bars
1.76-2.4 oz.



3.69
R.W. Knudsen
Organic Tomato
Juice
32 fl. oz.



2/\$7
Hippeas
Chickpea Snacks
3.75-5 oz.



3.29
Vegan Rob's
Probiotic Puffs
3.5 oz.



2.69
Rishi
Sparkling
Botanicals
Beverage
12 fl. oz.
Milwaukee, WI



4.49
Magic Chocolate
Organic
Chocolate Bar
2.93-3 oz.



INCLUSIVE TRADE PARTNER

get into the Swooniverse!

Founders Jen & Cristina wanted to change the idea that zero sugar meant zero flavor. So they worked tirelessly to make the best tasting, 100% natural sweet tea and lemonade. Get into the Swooniverse and sip sweeter, without sugar.

1.79

Swoon
Zero Sugar Lemonade & Tea
12 fl. oz.



4.49

Simple Mills
Chocolate Chip Cookies
5.5 oz.

Snacks for all occasions are at the co-op.



2/\$4
 Mike's Mighty Good
 Ramen Soup Cups
 1.6-2.4 oz.



3/\$7
 Near East
 Side Dish Mixes
 5.25-10 oz.
 Select varieties



4.49
 Tazo
 Tea
 16-20 ct.



3.39
 Ancient Harvest
 Organic Polenta
 18 oz.



4.79
 Imagine
 Creamy Soups
 32 fl. oz.
 Select varieties



4.49
 Bar Harbor
 New England
 Clam Chowder
 15 oz.



3.39
 Newman's Own
 Pasta Sauce
 24 fl. oz.
 Select varieties



13.99
 Graza
 Sizzle Extra
 Virgin Olive Oil
 750 ml



everyday low price
19.99
 Field Day
 Organic Olive Oil
 33.8 fl. oz.

scoop up the savings in bulk!



1.69
 Organic Rolled
 Oats
 per pound in bulk



3.29
 Organic
 Sunflower Seeds
 per pound in bulk



4.99
 Organic Pumpkin
 Seeds
 per pound in bulk

Visit the co-op's budget-friendly bulk section.



2/\$4

Wild Planet Wild Sardines
4.4 oz.



5.39

Wild Planet Wild Pink Salmon
6 oz.



3.99

Wild Planet Wild Albacore Tuna
5 oz.



3.69

Wild Planet Tuna Salad
5.6 oz.

wild caught,
wild enjoyed

Wild Planet elevates canned seafood from ocean to can with minimal processing for superior taste and natural flavor. Our selective fishing methods reduce bycatch and protect marine ecosystems. Delicious, convenient and responsibly sourced for future generations.



INCLUSIVE TRADE PARTNER

Bela Seafood is a Veteran-owned company that has been sourcing tinned fish from Portugal for generations. Our products are packed by hand using traditional methods.



3.49

Bela Tinned Sardines
4.25 oz.



4.39

Crofter's Organic Just Fruit Spread
10 oz.



2.19

Serenity Kids Organic Baby Food
3.5 oz.
Select varieties



everyday low price

4.99

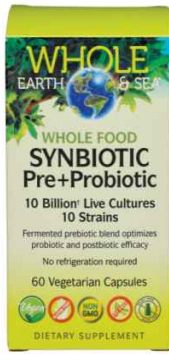
Field Day Organic Peanut Butter
18 oz.



3.99

Maya Kaimal Cooking Sauce
12.5 oz.

Ingredients for tasty meals are at the co-op.



20.99
 Whole Earth & Sea
 Synbiotic Pre
 +Probiotic
 60 cap.



36.99
 Natural Factors
 Total Body Collagen
 17 oz.



8.49
 Natural Factors
 Oil Of Oregano
 180mg
 30 ct.



14.99
 Natural Factors
 Vitamin C
 1,000mg
 180 tab.



From a cup of tea to vitamin C
The co-op has you covered.



12.99
 The Republic of Tea
 Organic Double
 Green Matcha
 2.65 oz.

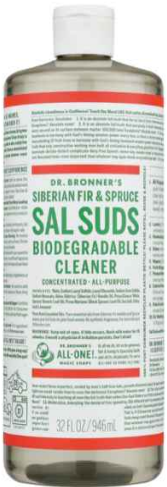


6.99
 Rishi
 London Fog Organic
 Tea Concentrate
 32 fl. oz.
 Milwaukee, WI



7.99
 Rishi
 Organic Tea
 15 ct.
 Select varieties
 Milwaukee, WI

The co-op has your wellness at heart.



11.49

Dr. Bronner's Sal Suds
32 fl. oz.



3.79

Dr. Bronner's Baby Unscented Magic Soap Bar
5 oz.



16.99

Derma E Vitamin C Concentrated Serum
2 fl. oz.

COOPERATIVELY OWNED



7.49

Aura Cacia Aromatherapy Mist
4 fl. oz.



8.69

Humble Deodorant
2.65 oz.

plastic-free packaging



7.49

The Seaweed Bath Co. Shampoo & Conditioner
12 fl. oz.
Select varieties



8.99

Biokleen Bac-Out Stain and Odor Remover
32 fl. oz.

all day hydration

Infused with vitamin E and shea butter, Alba Botanica Daily Moisturizing Lotion is lightweight, long-lasting and rehydrates skin. Dermatologist tested, cruelty free, fragrance free, free of parabens, sulfates and petrolatum.

12.99

Alba Botanica Daily Moisturizing Body Lotion
32 fl. oz.



INCLUSIVE TRADE PARTNER

South of France is a women-owned company. We still kettle cook small batches of our soap using a traditional Marseille recipe.



3.29

South of France Bar Soap
6 oz.

Sparkle with body care items from the co-op.

happening this month at your co-op:



March round up



kinship
COMMUNITY FOOD CENTER

Kinship's 27,000 square foot urban hoop house farm in Glendale, WI harvests approximately 19,000 pounds of organic produce for their food center every year.

Round up at checkout to help grow local food for local people!

good food needs good leadership

VOTE MAR. 19 - APR. 2

VOTE



Outpost Owners:
Vote in the 2026
Board Election!

outpost.coop/vote

Try our St. Patrick's & Spring Drink Specials



Stop by our
cafe today!



MILWAUKEE

100 E. Capitol Dr.
414-961-2597

WAUWATOSA

7000 W. State St.
414-778-2012

BAY VIEW

2826 S. Kinnickinnic
414-755-3202

MEQUON

7590 W. Mequon Rd.
262-242-0426

outpost.coop

crafted from tradition

INCLUSIVE TRADE PARTNER

From an Indian-owned kitchen, our hand-folded samosas feature freshly ground spices, delivering bold, restaurant-inspired Indian flavor in minutes.

5.49

Deep Indian Kitchen
Samosas

7.5-12 oz.



5.99

Zevia
Zero Sugar Soda
6 pk-12 fl. oz. cans



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



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