

fresh deals

DECEMBER 10 - 16, 2025



save 1.00

100 Acre
Fresh Basil Pesto
Milwaukee Made & Grown
6.5 oz



1.29/lb

Organic
Delicata Squash
Wisconsin Grown



2.99/lb

Organic
Slicer Tomatoes
Mexico Grown



69¢/ea

Banzo
Falafels
Madison, WI



save 2.00

Nature Blessed
Frozen Fruit
Coloma, MI
Select varieties • 40 oz



save 1.00

Just Coffee Organic
Fair Trade Coffee
Madison, WI
12 oz or per lb



3.49

Original Bagel
New York Style Bagels
Original or Everything
24 oz

**we made
you dinner!**

DEC. 10-16

Italian Sausage Lasagna
Turkey Shepherd's Pie
Red Curry Lentils (vegan & wheat-free)
4-Cheese Mac & Cheese (vegetarian)
Vegan Mac & Cheese (vegan)



owners save more

DECEMBER 10 - 16, 2025



1.99/bunch
regularly 3.99/bunch
Organic
Sweet Baby Broccoli
California Grown



1.29/lb
regularly 1.99/lb
Organic
Gala Apples
Washington Grown



save 2.00/lb
regularly 15.99/lb
Tierra Farms
Organic, Fair Trade
Roasted Cashews
Bulk Bin • Salted or unsalted



4.99
regularly 5.99
Grassland Salted
or Unsalted Butter
Greenwood, WI • 16 oz



1.99/lb
regularly 2.49/lb
Organic Fair Trade
Cane Sugar
Bulk Bin



13.69
regularly 18.69
Outpost
Mega Magnesium
90 ct



OUTPOST CO-OP

MILWAUKEE | BAY VIEW | WAUWATOSA | MEQUON

*SALES GOOD WHILE SUPPLIES LAST

coop deals®

DEC 3 - DEC 16, 2025



5.79

Applegate
Pork Bacon
8 oz.

brunch time favorite

LET IT SIZZLE

Complete your brunch spread with Applegate Naturals' Sunday Bacon — a perfectly crisp and savory choice on a winter morning. The co-op has plenty of food, coffee and tea to choose from to create a cozy weekend brunch vibe. Stop in to find bacon and more on sale!



3.99

R.W. Knudsen
Morning Blend
Juice
32 fl. oz.



2/\$6

Nature's Path
Organic
Frozen Waffles
7.4 oz.



3.99

Mom's Best Cereals
Cereals
17.5-24 oz.



OUTPOST CO-OP

MILWAUKEE | BAY VIEW | WAUWATOSA | MEQUON

100 E. Capitol Dr.
414-961-2597

2826 S. Kinnickinnic
414-755-3202

7000 W. State St.
414-778-2012

7590 W. Mequon Rd.
262-242-0426

Good groceries right down the street!

Shop our weekly
Fresh & Owner Deals



outpost.coop/shop

**5.49**

Organic Valley
Cottage Cheese
16 oz.

**3.99**

Organic Valley
Sour Cream
16 oz.

**5.49**

Organic Valley
Ricotta Cheese
15 oz

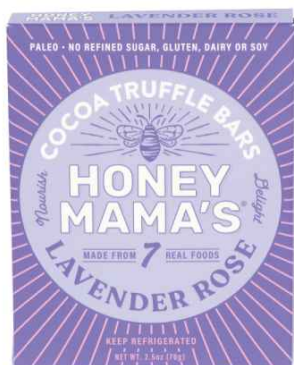
*Pasture
makes perfect*

COOPERATIVELY OWNED

What makes our cottage cheese, sour cream, and ricotta cheese so deliciously different? It's made with organic milk from cows grazing on nutritious grass. It's creamy, rich and filled with pasture-raised goodness, right here in Wisconsin.

**3/\$4**

Fage
Greek Yogurts
5.3 oz.

**3.99**

Honey Mama's
Truffle Bar
2.5 oz.

**8.49**

MyBacon
Plant Based Bacon
Alternative From Oyster
Mushroom Mycellium
6 oz.

**3.99**

Nancy's
Organic Cream
Cheese
8 oz.

**4.49**

Miyoko's Creamery
Organic Plant Milk
Cream Cheese
8 oz.

Food we love is at the co-op.



3.79

Kite Hill
Plant-based
Dip or Sour
Cream
8 oz.



5.99

Kite Hill
Plant-based
Cream Cheese
8 oz.



4.79

Kite Hill
Plant-based
Yogurt
16 oz.



6.49

Kite Hill
Dairy-free
Filled Pasta
9 oz.

*dairy-free
holiday hacks*

Need a dairy-free meal everyone will enjoy? Kite Hill has got you covered. From dips and spreads for apps to stuffed pastas for main courses to all the ingredients you need for delicious desserts, our dairy-free favorites are a guaranteed crowd pleaser.

something for everyone



TASTY EATS FOR ALTERNATIVE DIETS

Pleasing a family with a variety of dietary needs is simple when you shop the co-op. Look for these alternatives on your next shopping trip.

Gluten-free

Nut-based crackers
Alternative flour tortilla chips
Alternative pastas

Paleo

Dairy-free dips
Protein packed meat bars
Bone broth
Bulk coconut oil

Vegan

Bean and veggie meat alternatives
Plant-based protein powder
Nut-based "cheeses"

From breakfast to baking, we got you.

homemade
in minutes



Amy's delicious meals, soups and burritos are made with organic ingredients and real care to satisfy every craving.

3.99

Amy's
Soup
13.65-14.7 oz.

2/\$6

Amy's
Burritos
Select varieties
• 5.5-6 oz.

3.99

Amy's
Macaroni &
Cheese
9 oz.

5.99

Amy's
Frozen Meal
8.25-10.3 oz.



Delicious meals made in minutes.

Fuel for busy evenings.

your plant-powered upgrade

Packed with plant-based protein. Delicious and endlessly versatile, our high-protein tofu is perfect for stir-fries, grilling or hearty meals anytime.

2.99

Wildwood Organic
High Protein Tofu
16 oz.



7.99

Cappello's
Grain-free Pizza
11-12 oz.



3.79

Wildwood
Organic Baked
Tofu
7 oz.

Find savings and convenience at the co-op.



2/\$7

Equal Exchange
Organic Teas
20 ct.



7.99

Equal Exchange
Organic Chocolate Chips
10 oz.



10.99

Equal Exchange
Organic Coffee
10-12 oz.

sustainably sourced,
expertly roasted

COOPERATIVELY OWNED

From farmer co-ops to **Equal Exchange's** worker-owned co-op to your community co-op. We are committed to sourcing from democratically organized cooperatives that grow coffee with care for surrounding ecosystems and to supporting long-term partnerships that keep small family farms thriving!



2/\$4

Rxbar
Protein Bars
1.83-1.9 oz.



2/\$9

Organic India
Tulsi Teas
18 ct.



4.99

Crofter's
Organic Premium
Fruit Spread
16.5 oz.



1.79

Bob's Red Mill
Oatmeal Cup
Select varieties • 1.81-2.36 oz.



7.69

Bob's Red Mill
Organic Rolled Oats
28-32 oz.



3.69

Bob's Red Mill
Gluten-free
Cornbread Mix
20 oz.



3.49

Bob's Red Mill
Hot Cereal
25 oz.



The co-op has something for everyone.



3.49

Siete
Grain-free
Cookies
4.5 oz.



4.99

Tony's
Choclonely
Chocolate Bars
6.35 oz.



4.49

Lily's
Chocolate Bars
No sugar added • 3 oz.



4/\$5

Koyo
Ramen
Noodles
Select varieties • 2-
2.1 oz.



3.49

Brianna's
Salad Dressing
12 fl. oz.



1.59

Simply Organic
Dip Mixes
.7-1.5 oz.



2/\$7

Dr. McDougall's
Soup
176-18 oz.



7.49

Rao's
Pasta Sauce
15-24 oz.



4.49

Rao's
Soup
15.5-16 oz.



3.79

Imagine
Organic
No Chicken
Broth
32 fl. oz.



4.79

Imagine
Organic Creamy
Soups
Select varieties • 32 fl. oz.



2/\$7

Amy's
Refried Beans
15.4 oz.



19.99

Napa Valley
Naturals
Organic Extra
Virgin Olive Oil
25.4 fl. oz.



12.99

California Olive Ranch
Global Blend Extra
Virgin Olive Oil
16.9 fl. oz.



2/\$4

Muir Glen
Organic Tomatoes
14.5-15 oz.

Stock up & save with deals from the co-op.



2/\$5

Dandies
Peppermint Mini
Marshmallows
5 oz.



COOPERATIVELY OWNED

4.89

Simply Organic
Cinnamon
2.45 oz.



4.79

Bob's Red Mill
Gluten-free 1 to 1
Baking Flour
22 oz.



7.49

Lily's
Baking Chips
No sugar added • 9 oz.



2.79

Bob's Red Mill
Baking Soda
16 oz.



4.69

Wholesome
Organic Light or
Dark Brown Sugar
24 oz.



3.99

Wholesome
Organic Powdered
Sugar
16 oz.



4.99

Wholesome
Organic Molasses
16 fl. oz.

scoop up the savings in bulk!



1.69

Organic Rolled Oats
per pound in bulk



2.69

Organic
Red Lentils
per pound in bulk



7.99

Organic Walnut
Halves & Pieces
per pound in bulk

Find your baking ingredients at the co-op.



2/\$6

Barbara's
Cheese Puffs
7 oz.



3.29

Boulder Canyon
Potato Chips
5.25-6.5 oz.



2.49

Garden of Eatin'
Sesame Blues
5.5 oz.



2/\$6

Sesmark
Sesmark Savory
Thins Crackers
3.2 oz.



4.69

Carr's
Crackers
Original Water, Rosemary, or
whole Wheat • 4.25-7.1 oz.



2.79

Jeff's Garden
Pickled Peppers
12 fl. oz



5.99

Waterloo
Sparkling Water
12 pk.-12 fl. oz. cans



3.79

Woodstock
Organic Olives
8.5 oz.



6.49

Izze
Sparkling Juice
Drink
6 pk.-8.4 fl. oz. cans

Save on party snacks from the co-op.

INCLUSIVE TRADE PARTNER

Miss Jones Baking Co. is a woman-owned company. We make baking mixes and frostings that are responsibly sourced and made without artificial flavors or hydrogenated oils.



5.99

Miss Jones Baking Co.
Organic Frosting
11.29 oz.

INCLUSIVE TRADE PARTNER

Bela is a veteran-owned business whose goal is to provide U.S. customers top-quality, amazing seafood from small villages around the non-industrial European coastline. All of BELA's fish is packed by hand using traditional production methods.



shop
inclusive
trade

inclusive
trade

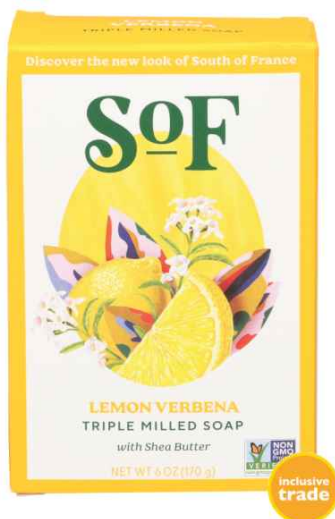
2/\$7

Bela
Canned Sardines
4.25 oz.

inclusive
trade

Find our full list of Inclusive Trade Partners

www.outpost.coop/shop/inclusive-trade.php



INCLUSIVE TRADE PARTNER

South of France is a women-owned company. We still kettle cook small batches of our soap using a traditional Marseille recipe.

3.39

South of France
Bar Soap
6 oz.

INCLUSIVE TRADE PARTNER

RADIUS is a woman-owned company. We use recycled materials and create sustainable toothpastes, flosses and other daily use objects.

5.69

Radius
Brush Head
Replacements -
Soft
2 pk



The co-op is committed to inclusive communities.

comfort and joy holiday mist

COOPERATIVELY OWNED

Bring the festive aromas to your home with this comforting room spray recipe.

Combine the **Aura Cacia** items below with water in a bottle, shake well and spray.

16 drops Sweet Orange Essential Oil
10 drops Lavender Essential Oil
10 drops Clove Bud Essential Oil
2 fl. oz. water



3.29

Aura Cacia
Eucalyptus
Essential Oil
.5 fl. oz.



6.79

Aura Cacia
Lavender
Essential Oil
.5 fl. oz.



3.29

Aura Cacia
Organic
Castor Oil
4 fl. oz.



2/\$5

Aura Cacia
Foam or Mineral
Bath Packets
2.5 oz.



10.99

Natural Factors
Theracurmin
30 cap



22.99

Nordic Naturals
Omega-3 Fish Oil
120 ct.

Never miss your
favorite deals



Co+op deals.

Download the App!

Find your closest
food co-ops
See what's on sale
Never miss your
favorite deals

Scan the QR codes to download
the Co+op Deals app!



36.99

Natural Factors
Total Body Collagen
Unflavored • 17.6 oz

Download the Co+op Deals app today!



7.99

**Every Man Jack
Daily Shampoo
Sandalwood**
13.5 fl. oz.



2.69

**Green Forest
Facial Tissue**
175 ct.



5.99

**Davids
Toothpaste**
4 oz.



7.49

**Desert Essence
Thoroughly Clean
Face Wash**
8 fl. oz.



10.99

**Life-Flo
Pure Magnesium Oil**
8 fl. oz.



15.99

**Derma E
Vitamin C
Concentrated
Serum**
2 fl. oz.



15.99

**Derma E
Vitamin C Intense
Night Cream**
2 oz.

*rich lather,
clean feel*

Our Pure-Castile Magic Bar Soap is made with a nourishing blend of Regenerative Organic Certified® oils to effectively clean body, face and hands! Real soap with genuine scents for mindful care.



3.29

**Dr. Bronner's
Pure Castile Bar Soap**
5 oz.



15.99

**Heritage Store
Organic Castor Oil**
16 fl. oz.

The co-op has products you can trust.



Outpost Co-op Gift Cards

*The perfect treat
for anyone!*

- ✓ Foodie best friend
- ✓ Friendly neighbor
- ✓ Host or hostess
- ✓ Community-minded cousin
- ✓ Lunch buddy
- ✓ Local-loving co-worker

Good food for good people.



MILWAUKEE

100 E. Capitol Dr.
414-961-2597

WAUWATOSA

7000 W. State St.
414-778-2012

BAY VIEW

2826 S. Kinnickinnic
414-755-3202

MEQUON

7590 W. Mequon Rd.
262-242-0426

outpost.coop

taste the magic



Celebrate what's possible when pleasure meets purpose. Made with Regenerative Organic Certified® cocoa and sugar, Magic Chocolate is lovingly crafted using ingredients grown with respect for people and planet.

3.79

**Magic Chocolate
Organic Chocolate Bars**
2.93-3 oz.



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available
at all stores or on the same days.

MWI225A

