

fresh deals

NOVEMBER 19 - 25, 2025

*local whole turkeys
on sale for owners!*

**owners
save
more**



1.69 /lb

Organic
Garnet Sweet Potatoes
California Grown



2.99 /lb

Organic
Fresh Green Beans
Mexico Grown



2.99 /lb

Brussels Sprouts
California Grown



1.69 /lb

Patterson Orchards
Evercrisp or
Honeycrisp Apples
New Berlin, WI



15.99

Outpost Classic
Whole Pumpkin Pie



3.99

Pine River
Cheese Spreads
8 oz

**we made
you dinner!**

NOV. 19-25

Green Curry Chicken
Turkey Shepherd's Pie
Pad Thai (vegan & wheat-free)
4-Cheese Mac & Cheese (vegetarian)
Vegan Mac & Cheese (vegan)



owners save more

NOVEMBER 19 - 25, 2025



SAVE 1.00

Olden Organics
All Products
Ripon, WI • 8 - 16 oz



5.99

regularly 8.99
Wholey Cooked
Shrimp Ring with Sauce
10 oz



4.49

regularly 4.99
Cal-Organic Farms
Organic Chopped Kale
or Collards
California Grown • 10 oz



2.29 /lb

regularly 2.99/lb
Ferndale Market
Frozen Turkey
Cannon Falls, MN



4.99

regularly 5.99
Lurpak
Danish Butter
Salted or Unsalted • 8 oz



6.99

regularly 8.99
Rockenwagner
Homestyle Parker
House Rolls
11.9 oz • 12 PK



4.99 /lb

regularly 6.99/lb
Outpost Pork
Breakfast Sausage
Great for stuffing



5.99

regularly 7.49
Red Apple
Gruyere Cheese
7 oz



OUTPOST CO-OP

MILWAUKEE | BAY VIEW | WAUWATOSA | MEQUON

*SALES GOOD WHILE SUPPLIES LAST

co+op deals[®]

NOV 19 - DEC 2, 2025

co-op favorites

Create a feast for gatherings and include your favorite recipes. Ingredients like **Cascadian Farm's** Frozen Organic Riced Cauliflower come together in a casserole or side dish, making your meal complete. The co-op has these on sale, so grab some for your holiday meals today!



2/\$8

Cascadian Farm
Organic Riced
Cauliflower
16 oz.



2/\$3

Field Day
Sparkling Waters
6 pk.-12 fl. oz. cans



2/\$4

Field Day
Organic 100%
Pure Pumpkin
15 oz.



2/\$6

Field Day
Filled Pretzels
12-16 oz.



2/\$7

Field Day
Organic Golden
Round Crackers
8 oz.



4.99

Field Day
Organic
All-purpose
Flour
5 lbs.



4.99

Field Day
Non-GMO
Canola Oil
32 fl. oz.

**RAKE IN THE
SAVINGS**

Now – Dec. 2

Check out more savings
on all Field Day products

 field DAY organic SUGAR USDA ORGANIC	2/\$6 Field Day Organic Sugar 16-24 oz.	 field DAY LIQUID DISH DETERGENT	2/\$7 Field Day Free & Clear Liquid Dish Soap 25 fl. oz.	 field DAY SPARKLING SODA GINGER ALE 4 PACK	2/\$7 Field Day Sodas 4 pk.-12 fl. oz.
 field DAY organic Shredded HASH BROWNS USDA ORGANIC	3.99 Field Day Organic Frozen Potatoes 26-24 oz.	 field DAY organic Semi-Sweet CHOCOLATE CHIPS USDA ORGANIC	4.99 Field Day Organic Semi-sweet Chocolate Chips 10 oz.	 field DAY organic APPLE CIDER VINEGAR USDA ORGANIC	5.49 Field Day Organic Apple Cider Vinegar 32 fl. oz.





RAKE IN THE SAVINGS

Stock up and save even more on all Field Day products



Save on Field Day products at the co-op.

Some items may not be available at all stores or on the same days

 Field Day Organic Pastas 16 oz.	 Field Day Medium Pitted Green Olives 6 oz.	 Field Day Organic Pasta Sauces 24 oz.
 Field Day Organic Dried Sweetened Cranberries 4 oz.	 Field Day Sea Salt Pita Chips 7.33 oz.	 Field Day Cookies 8-10.5 oz.



For each Field Day product sold we'll donate 5¢ to NATIFS! **Now – Dec. 2**



Scan to learn more

 Field Day Sea Salt Veggie Straws 7 oz.	 Field Day Non-GMO Vegetable Oil 32 fl. oz.	 Field Day Organic Brown or Long Grain White Rice 32 oz.
 Field Day Organic Walnuts halves & pieces 7 oz.	 Field Day Organic Almonds 10 oz.	 Field Day Organic Pecan halves 8 oz.

Incredible savings are at the co-op.

Some items may not be available at all stores or on the same days

 field DAY organic Fire Roasted Garlic SALSA NET WT. 16 OZ (1 LB) 454g 	2/\$7 Field Day Organic Roasted Garlic Salsa 16 oz.	 field DAY organic Baked House CRACKERS NET WT. 16 OZ (1 LB) 454g	2/\$6 Field Day Natural Baked House Crackers 16 oz.	 field DAY organic CRACKERS NET WT. 4.4 OZ (125g) 	2/\$5 Field Day Organic Water Crackers 4.4 oz.
 field DAY organic Original APPLESAUCE NET WT. 24 OZ (1.5 LB) 680g 	2/\$7 Field Day Organic Original Applesauce 24 oz.	 field DAY organic Expeller Pressed COCONUT OIL 14 FL OZ (414mL) 	5.99 Field Day Organic Expeller Pressed Coconut Oil 14 oz.	 field DAY organic Tart CHERRY JUICE 32 FL OZ (946mL) 	4.99 Field Day Organic Tart Cherry Juice 32 fl. oz.
 field DAY organic Raw Wildflower HONEY NET WT. 16 OZ (1 LB) 454g 	6.49 Field Day Organic Raw Wildflower Honey 16 oz.	 field DAY organic Wild Caught Chunk Light SKIPJACK NET WT. 5 OZ (142g)	2/\$4 Field Day Skipjack Tuna 5 oz.	 field DAY organic First Cold Pressed EXTRA VIRGIN OLIVE OIL 33.8 FL OZ (1000mL) 	15.99 Field Day Organic Olive Oil 33.8 fl. oz.
 field DAY organic Raspberry FRUIT SPREAD NET WT. 14 OZ (397g) 	3.99 Field Day Organic Fruit Spread 14 oz.	 field DAY organic Smooth & SALTED PEANUT BUTTER NET WT. 18 OZ (510g) 	3.99 Field Day Organic Peanut Butter 18 oz.	 field DAY organic Deluxe White Cheddar MACARONI & CHEESE NET WT. 6 OZ (170g) 	2/\$3 Field Day Organic White Cheddar Macaroni & Cheese 6 oz.
 field DAY organic Whole Grain Toasted O's CEREAL NET WT. 10 OZ (283g) 	2/\$6 Field Day Organic Cereals 10-15 oz.	 field DAY organic Dark Color Robust MAPLE SYRUP 8 FL OZ (236mL) 	5.49 Field Day Organic Grade A Dark Robust Maple Syrup 8 fl. oz.	 field DAY organic Skinny Stick PRETZELS NET WT. 8 OZ (227g) 	2/\$4 Field Day Organic Pretzels 8 oz.

Stock up & save on pantry staples from the co-op.

Some items may not be available at all stores or on the same days

plant-based
entertaining
essentials



Lightlife and **Field Roast** are the perfect holiday companions! Try some of our favorites at your holiday party for a flavorful addition to any dish.

4.49
Lightlife
Organic Tempeh
6-7 oz.

4.99
Field Roast
Chao Plant-based
Cheese
7-8 oz.

4.99
Field Roast
Plant-based Sausages
9.3-12.95 oz.

5.99
Field Roast
Plant-based
Appetizers or Entrees
10-11 oz.



5.39
Hodo
Organic Tofu
Cubes
8 oz.



6.99
Just
Plant-based Eggs
16 oz.



4.99
Miyoko's Creamery
Organic Plant Milk Butter
8-12 oz.



5.49
Miyoko's Creamery
Organic Plant Milk
Cheese Spread
8 oz.



6.49
Miyoko's Creamery
Organic Fresh Plant
Milk Mozzarella
8 oz.

dairy
doppelgänger

Looks like dairy. Tastes like dairy. Isn't dairy. From melty cheese to creamy, craveable butter, **Miyoko's** delivers the richness you love — organic, dairy-free and chef trusted.

The co-op has plenty of plant-based options.

Some items may not be available at all stores or on the same days



5.49

Immaculate
Organic Cinnamon Rolls
17.5 oz.



7.49

Wellshire
Turkey Bacon
12 oz



FoMoo – fear of missing out on dairy. Can you imagine a life without cheese? Picture a dairy-free cheese that's irresistibly rich and satisfyingly creamy. With **Daiya**, it's possible. You'll never have to live without the joy of cheese again.



2/\$8

Daiya
Deluxe Mac
& Cheese
10.6 oz.



6.99

Daiya
Frozen Pizza
12.8-19.4 oz.

The co-op has cheesy and delicious options.

Some items may not be available at all stores or on the same days



4.29

Goodbelly
Probiotic Drink
32 fl. oz.

bubbly probiotics

Whatever your KeVita choice, we've got you covered! Bold kombucha, refreshing kefir probiotics bubbles or zesty sweet lemonades — all full of live probiotics.

2/\$4

KeVita
Organic Sparkling Drinks
12 fl. oz. can



3.79

Oatly
Refrigerated
Barista Edition
Oatmilk
32 fl. oz.



4.49

Oatly
Oatmilk
64 fl. oz.



5.99

Earth Balance
Organic Whipped
Buttery Spread
13 oz.



4.99

Follow Your Heart
Vegenaise
14 fl. oz.

*make holidays
so delicious*

Indulge in dairy-free holiday goodness with So Delicious CocoWhip, Coconutmilk Creamer, Coconut Yogurt alternative and Coconut Milk! Together, you can have a deliciously dairy-free holiday worth celebrating with the peace of mind that all So Delicious products are certified vegan.



3.99

So Delicious
CocoWhip
Topping
9 oz.



4.49

So Delicious
Organic
Coconutmilk
64 fl. oz.



4.69

So Delicious
Organic French
Vanilla Coconutmilk
Creamer
32 fl. oz.



5.49

So Delicious
Coconutmilk Yogurt
24 oz.

Make weekend brunch with help from the co-op.



4.49

Alexia
Frozen Potatoes
15-19 oz.



farm to freezer

Farming sustainably since 1985, our USA-grown fruits and veggies are picked at peak ripeness and frozen fast to lock in quality and flavor, making meal prep fun and easy!

2.69

Stahlbush Island Farms
Frozen Butternut
Squash
10 oz.



Meal solutions for nutritious meals.

A refreshing variety.



4.99

Little Northern
Bakehouse
Gluten-free Bread
16 oz.



6.99

Bonafide Provisions
Organic Bone Broth
24 fl. oz.



3.99

Silver Hills
Sprouted Bread
15-22 oz.

The co-op has easy meal solutions.

Some items may not be available at all stores or on the same days

INCLUSIVE TRADE PARTNER

Purely Elizabeth is a woman-owned company. Elizabeth started Purely Elizabeth to make delicious food with nourishing ingredients to help you thrive on your wellness journey.



5.99 Purely Elizabeth Cereal
11 oz.



COOPERATIVELY OWNED

2/\$7
Equal Exchange Organic Teas
20 ct.



7.49
Rishi Organic Tea
15 ct.



4.49
Puffins Cereals
10-14 oz.



4.39
Milkadamia Macadamia Milk
32 fl. oz.



7.49
Lakewood Organic Juice
32 fl. oz.



sip something wonderful

Brew a comforting cup. Our teas blend the world's finest botanicals into moments of joy — non-GMO verified, caffeine optional, always delicious hot or iced.

2/\$7
Celestial Seasonings Herbal Teas
12-20 ct.



The co-op has brands you love.

Some items may not be available at all stores or on the same days



4.99
Maille
Originale Dijon
Mustard
7.5 oz.



5.49
Bragg
Organic Apple
Cider Vinegar
32 fl. oz.



*elevate your
holiday cooking*

Pacific Foods organic broths are the secret ingredient for delicious holiday dishes. Perfect for traditional sides, sauces and gravies. Experience nourishing, rich flavor when you cook with Pacific's chef-ready products.

2/\$7
Pacific Foods
Organic Broths
32 fl. oz.



Comforting soup for those cooler days.
The aroma of simmering broth.



6.99
Sir Kensington's
Classic Mayonnaise
12 fl. oz.



9.99
4th & Heart
Grass-fed Ghee
9 oz.



4.99
Patagonia Provisions
Organic Kernza Pasta
12 oz.



17.99
Napa Valley
Naturals
Organic Extra
Virgin Olive
Oil
25.4 fl. oz.

Pantry staples are at the co-op.

Some items may not be available at all stores or on the same days

Wild Rice Stuffed Squash



incredible texture

SCAN CODE FOR RECIPE

Fall is the perfect season to enjoy squash. This recipe calls for wild rice and a blend of spices and cheese, making it a hearty side dish to complement any meal. Visit grocery.coop for more recipe ideas!



3.79
Crown Prince
Anchovies
1.5 oz.



3.29
Kitchen Basics
Unsalted Vegetable
Stock
32 fl. oz.



2/\$9
Fever Tree
Tonic Water or
Soda
4 pk.-6.8 fl. oz.



6.49
Spindrift
Sparkling Water
8 pk.-12 fl. oz.



12.99
Primal Kitchen
Pure Avocado Oil
16.9 fl. oz.



2/\$6

Lundberg Family Farms
Organic Jasmine Rice
8 oz.

Visit grocery.coop for new recipes.

Some items may not be available at all stores or on the same days



4.69

Wholesome
Organic Sugar
24-26 oz.



6.49

King Arthur Baking Co
Unbleached All-
purpose Flour
5 lbs.



8.49

Once Again
Organic Sesame
Tahini
16 oz.

pure organic
goodness

COOPERATIVELY OWNED

From savory gravy to bold spices and pure Madagascar vanilla, **Simply Organic** brings real flavor to holiday moments – with pure organic ingredients you can trust. And through the Simply Organic Giving Fund, we help fight food insecurity across North America.



1.69

Simply Organic
Gravy or Dip Mix
0.7-1.41 oz.



6.49

Simply Organic
Garlic Powder
3.64 oz.



15.99

Simply Organic
Vanilla Extract
4 fl. oz.



4.89

Simply Organic
Cinnamon
2.45 oz.

All your baking ingredients are at the co-op.

Some items may not be available at all stores or on the same days

INCLUSIVE TRADE PARTNER inclusive trade



Two tenacious women founders and their families were faced with dietary restrictions and food sensitivities. So they created these delicious, clean snacking options.

4.99

Every Body Eat
Snack Thins
Evanston, IL • 4 oz.



2/\$7
Hippeas
Chickpea Snacks
3.75-5 oz.



2/\$6
Boulder Canyon
Avocado Oil Potato Chips
5.25 oz.



3.99
Theo
Organic Chocolate
Bar
2.8-3 oz.



3.99
Late July Snacks
Tortilla Chips
7.5-7.8 oz.



2/\$9
Back to Nature
Sandwich Cookies
7.5-9 oz.



4.99
Tate's Bake Shop
Cookies
Select varieties • 5.5-8 oz.

COOPERATIVELY OWNED



3.99
Blue Diamond
Nut Thins
4.25 oz.



2/\$8
Simple Mills
Crackers
4-4.25 oz.



4.99
Justin's
Organic Dark
Chocolate Mini Peanut
Butter Cups
4.7 oz.

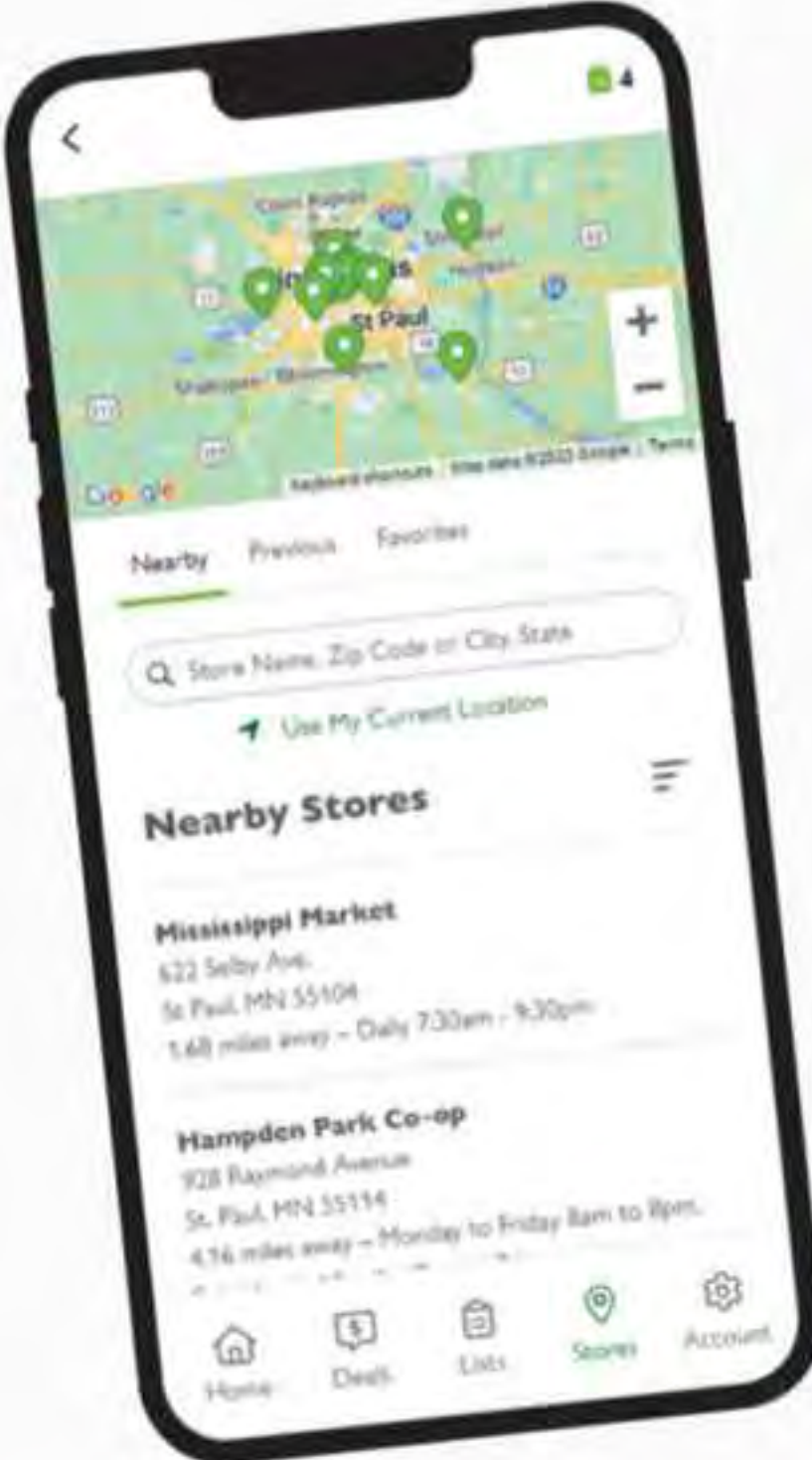
The co-op has snacks for holiday parties.

Some items may not be available at all stores or on the same days

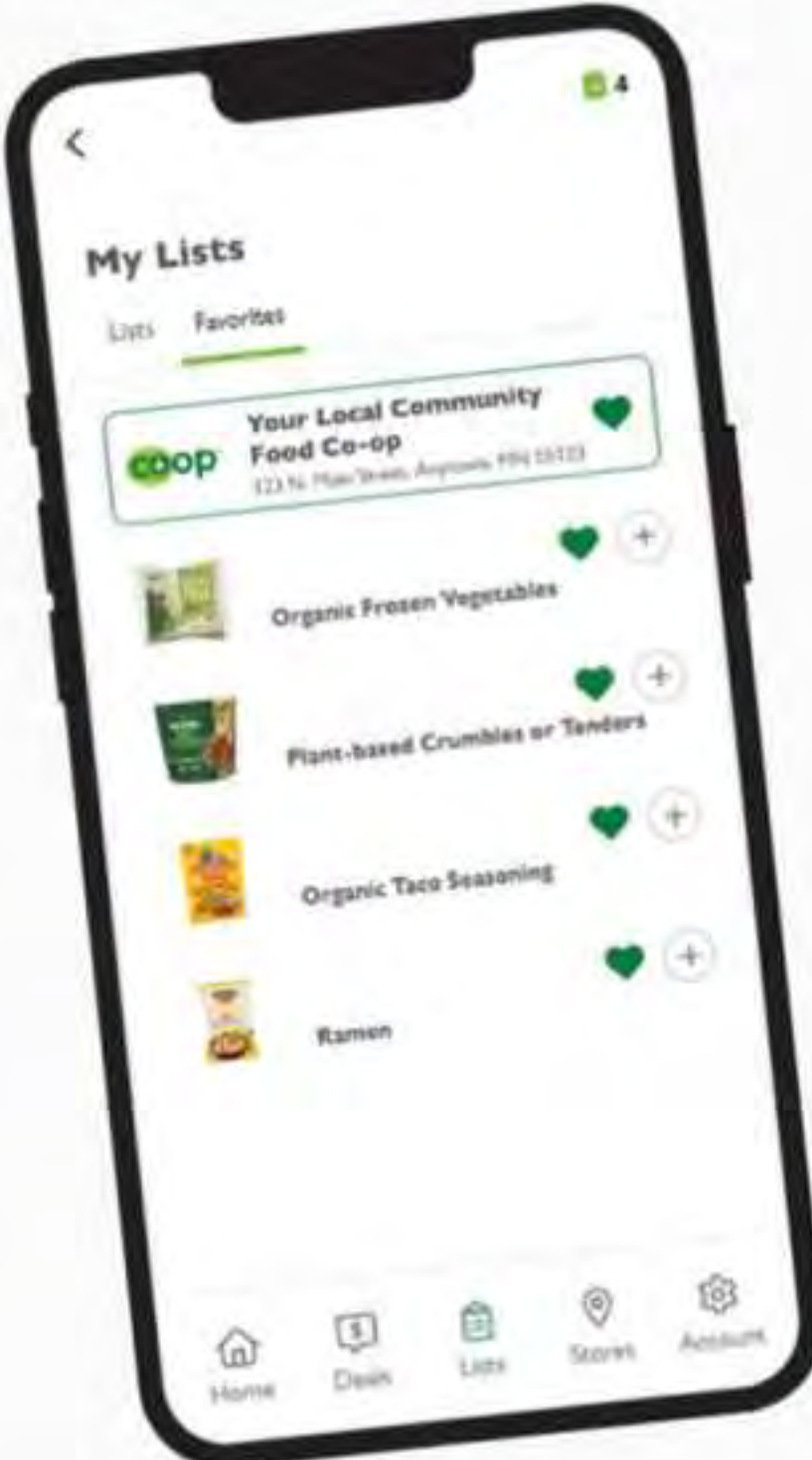
Download the app today



Find your nearest local food co-op



Never miss your favorite deals



See what's on sale at your food co-op



Scan the QR codes to download the Co+op Deals app!

Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.





	 8.49 Hyland's Naturals Restful Legs 50 ct.	 10.99 ChildLife Essentials Multi Vitamin & Mineral 8 fl. oz.
 15.99 Rainbow Light Women's One Multivitamin 60 ct.	 17.99 Nutrition Now PB 8 Probiotic 120 ct.	 18.99 Natural Factors Tranquil Sleep Chews 60 ct.

Download the Co+op Deals app today.

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3.79

Everyone
Hand Soap
12.75 fl. oz.



combat dry skin season

Alba Botanica Daily Moisturizing Lotion delivers all-day hydration without a heavy, greasy feel. Enjoy dermatologist-tested, fragrant-free hydration with vitamin E and shea butter.

12.99

Alba Botanica
Daily Moisturizing Lotion
32 fl. oz.



Gentle products from brands you trust.
Clean with confidence.



5.99

Seventh Generation
Free & Clear Automatic
Dishwashing Powder
45 oz.



2/\$6

The Humble Co.
Floss Picks
50 ct.



3.49

Biobag
Food Scrap Bags
25 ct.



8.99

Schmidt's
Deodorant
2.65 oz.

Find home and body care products at the co-op.

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November 1 - December 31

For \$20 Outpost purchases
\$40 worth of natural & organic foods—including fresh produce—for those in need.

Since 1999, Outpost’s Buy A Bag program has provided over **\$2.6 million** worth of food to Hunger Task Force!



FUNDRAISER

for Hunger Task Force

Donate \$20—or any amount—at an Outpost register or online



 2.99 Cadia Cranberry Sauce 14 oz.	 3.99 Green Valley Organic Lactose- free Sour Cream 12 oz.	 4.99 Talenti Gelato or Sorbetto 1 pt.
 5.49 Wholly Wholesome Organic Pie Shells 14 oz.	 5.99 Better than Bouillon Organic Broth Base Select varieties • 8 oz.	 14.99 Tofurky Plant-based Roast 19-26 oz.



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



MW1125B