

coop deals®

JUNE 4 - 10, 2025



OUTPOST
**PEANUT BUTTER CHOCOLATE CHIP
BREAKFAST COOKIE**
WHEAT-FREE & VEGAN • 4 PK

3.99/PK



**ORGANIC SEEDLESS
WATERMELON CUTS**
CALIFORNIA GROWN

1.29/LB



**ORGANIC RED OR GREEN
SEEDLESS GRAPES**
MEXICO GROWN

3.99/LB



ORGANIC RASPBERRIES
MEXICO GROWN • 6 OZ

3.99/EA



**ORGANIC
PINTS OF BLUEBERRIES**
CALIFORNIA & FLORIDA GROWN

4.99/EA



AMYLU FOODS
**CHICKEN
BREAKFAST
BITES**
COUNTRY STYLE SAUSAGE OR
BACON CHEDDAR • 12 OZ

SAVE 2.00



DAIRY FRESH
CREAM CHEESE
TAYLOR, MI • 8 OZ

2.29



BAGELS FOREVER
**NEW YORK
STYLE BAGELS**
MADISON, WI • 4 CT

1.89



OUTPOST
**FRESH PORK
BREAKFAST SAUSAGE**
SAVE 2.00/LB



NATURE
BLESSED
FROZEN FRUIT
SELECT VARIETIES
• COLOMA, MI • 40 OZ

SAVE 2.00



FAGE
**TOTAL PLAIN
GREEK YOGURT**
GLUTEN-FREE • 16 OZ

3.79



SUNRIDGE
FARMS
**ORGANIC
BLUEBERRY OR
RASPBERRY GRANOLA**
BULK BIN

5.99/LB



SACRED BLOSSOM
LIVING HERBAL TEAS
GILMANTON, WI • 1.5 OZ

SAVE 2.00



**we made
you dinner!**

JUNE 4 - 10

Hearty Chicken Stew

WF

Zucchini Feta Bake

Vg

Chana Masala

V WF

4-Cheese Mac & Cheese

Vg

Vegan Mac & Cheese

V



More Deals at
outpost.coop/shop



GO MACRO
SNACK BARS
1.8 - 2.5 OZ

2.99



CASCADIAN
FARM
GRANOLA
11 OZ

3.99

OATLY
OATMILK
SHELF-STABLE
• BARISTA OR
ORIGINAL STYLE
• 32 OZ

3.99



owners save more

SUPER DEALS FOR OUTPOST OWNERS!

JUNE 4 - 10, 2025

JONNY POPS
RAINBOW FRUIT POPS
OR MINI BIRTHDAY
SURPRISE POPS

GLUTEN-FREE • 6.72 - 14.8 OZ

~~6.99~~

5.99

OWNERS SAVE 1.00



DR BRONNER'S
BAR SOAP
5 OZ

~~4.99~~ **3.99**

OWNERS SAVE 1.00

While
supplies last!

UNDERWOOD
THE BUBBLES
PRIDE CANS
355 ML

~~6.99~~

5.49

OWNERS SAVE 1.50



OUTPOST
CO-OP MADE SMOOTHIES & JUICES
MADE TO ORDER OR GRAB & GO • 8 OZ & 16 OZ

OWNERS SAVE 1.00



WISCONSIN MEADOWS
100% GRASSFED BEEF
NY STRIP STEAK
VIROQUA, WI • 10 OZ PACKAGE

~~14.99~~ **10.99**

OWNERS SAVE 4.00



ORGANIC BROCCOLI
CALIFORNIA GROWN

~~2.99/LB~~ **1.99/LB**

OWNERS SAVE 1.00/LB



ORGANIC RAINBOW
BABY PEELED CARROTS
CALIFORNIA GROWN • 12 OZ

~~2.49~~ **1.99**

OWNERS SAVE .50



ORGANIC MINI CUCUMBERS
CANADA GROWN • 6 PK

~~3.99~~ **2.99**

OWNERS SAVE 1.00



**OWNERS SAVE
20% ON ALL
COUNTRY LIFE**

FOUR SIGMATIC
PLANT-
BASED
PROTEIN
21.16 OZ

~~47.99~~ **37.99**

OWNERS SAVE 10.00



ORGANIC
CHIA SEEDS
BULK BIN

~~9.99/LB~~ **6.99/LB**

OWNERS SAVE 30%/LB



CABOT
TRIPLE
CREAM
GREEK
YOGURT
PLAIN OR VANILLA • 32 OZ

~~5.79~~ **5.29**

OWNERS SAVE .50



GT'S
SYNERGY
KOMBUCHA
GLUTEN-FREE
• 16 OZ

~~4.29/EA~~

2 for 6.00

OWNERS SAVE 1.29/EA



REBBL
FUNCTIONAL
ELIXIRS
12 OZ

~~4.59~~

3.99

OWNERS SAVE .60



JUST ICE TEA
ICED TEA
16 OZ

~~2.99/EA~~

3 for 5.00

OWNERS SAVE 1.32/EA



LACROIX
SPARKLING WATER
12 PACK OF 12 OZ CANS

~~6.89~~ **4.99**

OWNERS SAVE 1.90



BACK TO
NATURE
CRACKERS
SELECT VARIETIES • 4 - 7 OZ

~~4.99~~ **2.99**

OWNERS SAVE 2.00

Let's own a
grocery store
together!

outpost.coop/join





Milwaukee
100 E. Capitol Dr.
414-961-2597

Wauwatosa
7000 W. State St.
414-778-2012

Bay View
2826 S. Kinnickinnic
414-755-3202

Mequon
7590 W. Mequon Rd.
262-242-0426

outpost.coop

**Shop online –
click here**

**Become an owner –
click here**

owners save more

SUPER DEALS FOR OUTPOST OWNERS!

TIERRA FARMS
**ORGANIC FAIR TRADE
ROASTED CASHEWS**

BULK BIN • SALTED OR UNSALTED

12.99/lb ~~14.99/lb~~
OWNERS SAVE 2.00/lb



SUNRIDGE FARMS
ORGANIC SWEET N' SPICY TRAIL MIX
BULK BIN

9.99/lb ~~11.99/lb~~
OWNERS SAVE 2.00/lb



CLIF BAR
SNACK BARS

NUT BUTTER OR BUILDERS PROTEIN • 1.76-2.4 OZ

2 for 4.00 ~~2.99~~
OWNERS SAVE 99¢ EACH

GOOD HEALTH
PEANUT BUTTER FILLED PRETZELS
5.5 OZ

2 for 5.00 ~~4.69~~
OWNERS SAVE 2.19 EACH

GREAT LAKES KETTLE CHIPS
POTATO CHIPS

TRAVERSE CITY, MI • 8 OZ

3.89 ~~4.89~~ **OWNERS SAVE 1.00**



BRETON
VEGGIE CRISPS

ZESTY RANCH, CHIPOTLE CHEDDAR OR SEA SALT •
GLUTEN-FREE • 6 OZ

3.99 ~~5.99~~ **OWNERS SAVE 2.00**



SAN PELLEGRINO
SPARKLING FRUIT BEVERAGE

ARANCIATA OR LIMONATA • 6 PACK OF 11 OZ CANS

5.99 ~~9.99~~ **OWNERS SAVE 4.00**

INSPIRED ORGANICS
LEMONADE

ORIGINAL OR RASPBERRY • 52 OZ

3.49 ~~4.29~~ **OWNERS SAVE 80¢**



FIELD DAY
SPARKLING SODA

COLA, ROOT BEER, GINGER ALE, OR CHERRY VANILLA
• 4 PK OF 12 OZ CANS

2.99 ~~3.99~~ **OWNERS SAVE 1.00**



SAN PELLEGRINO
ITALIAN SPARKLING WATER
750 ML

1.79 ~~2.99~~ **OWNERS SAVE 1.20**

June 4 - 10, 2025

owners save more

SUPER DEALS FOR OUTPOST OWNERS!

GOODLES

PROTEIN MAC & CHEESE

INCLUDING VEGAN & GLUTEN-FREE VARIETIES •

5.25-6 OZ

3.29-3.99 ~~4.69-5.99~~

OWNERS SAVE 1.40-2.00

new

GOODLES

PROTEIN PASTA

INCLUDING GLUTEN-FREE VARIETIES • 8 OZ

3.49-3.99 ~~4.99-5.99~~

OWNERS SAVE 1.50-2.00

new

WATCHAREE

THAI SIMMER SAUCE

PAD THAI, GREEN CURRY, OR THAI PEANUT •

GLUTEN-FREE, VEGAN • 11.5 OZ

7.99 ~~8.99~~ **OWNERS SAVE 1.00**

inclusive
trade

MINA

MOROCCAN SIMMER SAUCE

CLASSIC GINGER SAFFRON, TOMATO HERBS & SPICES,
OR RAS EL HANOUT • VEGAN • 12 OZ

5.99 ~~8.69~~ **OWNERS SAVE 2.70**

new

ZIYAD

SESAME TAHINI

VEGAN • 16 OZ

8.99 ~~10.79~~ **OWNERS SAVE 1.80**

inclusive
trade

MORI NU

SILKEN TOFU

SHELF STABLE • SELECT VARIETIES • 10.8-10.9 OZ

2.69 ~~3.79~~ **OWNERS SAVE 1.10**

MAPLE VALLEY

MAPLE SYRUP

DARK OR AMBER • VEGAN • 16 OZ

12.99 ~~16.99~~
OWNERS SAVE 4.00



local

NEWMAN'S OWN

SALAD DRESSING

SELECT VARIETIES • 16 OZ

4.99 ~~6.49~~ **OWNERS SAVE 1.50**

*All sale items are while supplies last. Sale items may not be available in all stores.
Priced as marked unless otherwise noted. We reserve the right to limit purchase quantities.*

June 4 - 10, 2025

coop deals[®] *for Everyone!*

MEAT & SEAFOOD

AMYLU FOODS
CHICKEN SAUSAGE

12 OZ

5.79



WHOLEY
**ALL NATURAL WILD CAUGHT RAW
21/25 SHRIMP**

16 OZ

10.99

BELL & EVANS
**NATURAL BONELESS SKINLESS
CHICKEN BREAST**

7.29/lb

BELL & EVANS
NATURAL CHICKEN DRUMSTICKS

3.29/lb

BULK GROCERY

VALENTINE'S
LOCALLY ROASTED COFFEE

MILWAUKEE, WI • 12 OZ

SAVE 1.00



STONE CREEK COFFEE
LOCALLY ROASTED COFFEE

MILWAUKEE, WI • 12 OZ

SAVE 1.00



TIERRA FARMS
ORGANIC MIXED NUTS
BULK BIN • RAW, ROASTED SALTED, OR
ROASTED UNSALTED

SAVE 3.00/lb



DOUDLAH FARMS
**ORGANIC DARK RED
KIDNEY BEANS**

BULK BIN • EVANSVILLE, WI •
CLEAN TEST CERTIFIED

3.29/lb



ORGANIC BROWN LENTILS

BULK BIN

3.49/lb



SUNRIDGE FARMS
ORGANIC ORZO PASTA

BULK BIN

3.99/lb



BREAD

KONTO'S
POCKET-LESS PITA BREAD

WHITE OR WHOLE WHEAT • 14 OZ

2.79

coop deals[®] *for Everyone!*

PACKAGED GROCERY

DONKEY SALSA

HOT OR MILD • GLUTEN-FREE • CAROL STREAM, IL • 16 OZ

5.99



DONKEY TORTILLA CHIPS

GLUTEN-FREE • CAROL STREAM, IL • 11 OZ

3.69



PRESERVED HARVEST SALSA

HOT, MEDIUM, MILD, OR PEACH • 14.5 OZ

4.69

INSPIRED ORGANICS TORTILLA CHIPS

GLUTEN-FREE • 11 OZ

4.99



EPIC MEAT SNACK STRIPS

0.8 OZ

1.99

WATER STREET DELI PITA CHIPS

ORIGINAL OR GARLIC • EAU CLAIRE, WI • 10 OZ

5.99



ME & THE BEES LEMONADE

GLUTEN-FREE • 12 FL OZ

2.99



CASCADIAN FARM CEREAL

SELECT VARIETIES • 8.6-13.5 OZ

3.99



KOOPS' MUSTARD

PLEASANT PRAIRIE, WI • 12 OZ

3.49



ORGANICVILLE SALAD DRESSING

GLUTEN-FREE • 8 OZ

2.99



ORGANICVILLE BBQ SAUCE

GLUTEN-FREE • 14 OZ

3.49



SKY VALLEY SAMBAL OELEK CHILI PASTE

GLUTEN-FREE • 7 OZ

3.49

SKY VALLEY SRIRACHA SAUCE

GLUTEN-FREE • 18.5 OZ

4.99

AL'S PALS DOG STICK TREATS

LITCHFIELD, OH • 7.8 OZ

SAVE 2.00

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coop deals[®] *for Everyone!*

REFRIGERATED & FROZEN GROCERY

CHAMELEON BREWING
COLD BREW COFFEE

10 OZ

2 for 6.00



MYBACON
PLANT-BASED BACON

GLUTEN-FREE, VEGAN • 6 OZ

6.49

BOAR'S HEAD
HUMMUS

GLUTEN-FREE, VEGAN • 10 OZ

3.49

KITE HILL
PLANT-BASED DIPS

GLUTEN-FREE, VEGAN • 8 OZ

4.49

OATLY
OATMILK

GLUTEN-FREE, VEGAN • 64 OZ

4.49

MEYENBERG
GOAT MILK

32 OZ

5.99

KITE HILL
PLANT-BASED YOGURT

GLUTEN-FREE, VEGAN • 5.3 OZ

2 for 3.00

GREEK GODS
GREEK YOGURT

GLUTEN-FREE • 24 OZ

4.99

SO DELICIOUS
DAIRY FREE ICE CREAM

VEGAN • 16 OZ

5.49

JOLLY LLAMA
SORBET POPS

4 CT

4.99

HOUSEHOLD

AURA CACIA
ESSENTIAL OIL PLUG INS
EACH

SAVE 3.00



AURA CACIA
**ESSENTIAL OIL PLUG IN
REFILLS**

0.5 OZ

6.99



ECOS
LIQUID LAUNDRY
SELECT VARIETIES • ADDISON, IL •
100 OZ

13.99



ECOS
DISHMATE
SELECT VARIETIES • ADDISON, IL •
25 OZ

3.79



June 4 - 10, 2025



HOUSEHOLD

SEVENTH GENERATION
ALL PURPOSE CLEANER

SELECT VARIETIES • 23 FL OZ

5.49

PERSONAL & WELLNESS CARE

FOUR SIGMATIC
FOCUS BLEND

2.12 OZ

SAVE 6.00



KAL
BREWERS YEAST POWDER

7.4 OZ

SAVE 5.00

HERB PHARM
KAVA EXTRACT

1 OZ

SAVE 4.00

ENZYMEDICA
DIGEST BASIC

30 CT

7.49

BADGER BALM
ANTI BUG SHAKE & SPRAY

4 OZ

7.49



DR BRONNER'S
SHAVE GEL

7 OZ

8.99



EARTH SCIENCE
NATURAL DEODORANT

2 OZ

7.49

EVERY MAN JACK
BODY WASH

16.9 OZ

7.49

TOM'S OF MAINE
DEODORANT STICK

3.25 OZ

9.99

TOM'S OF MAINE
ADULT TOOTHBRUSH

EACH

4.69

TOM'S OF MAINE
MOUTHWASH

16 FL OZ

6.99

SEAWEED BATH
SHAMPOO & CONDITIONER

SELECT VARIETIES • 12 OZ

8.99



WELEDA
SKIN FOOD LIP BUTTER

0.27 OZ

6.49

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