

You'll taste the difference!

All of our Co-op made soups are made from scratch using our from-scratch stock, fresh organic or all-natural ingredients.

August 2023

Tuesday, 08-01	Spinach Coconut ♡/🌾
Wednesday, 08-02	Chicken Mulligatawny
Thursday, 08-03	Southern French Vegetable ♡
Friday, 08-04	Creamy Tomato Parmesan 🌾
Saturday, 08-05	Red Lentil with Curry & Coconut ♡/🌾
Sunday, 08-06	Chef's Choice
Monday, 08-07	Ginger Chicken Noodle
Tuesday, 08-08	Mushroom Barley ♡
Wednesday, 08-09	Chicken Wild Rice 🌾
Thursday, 08-10	Indian Vegetable 🌾
Friday, 08-11	Broccoli Cheddar Cheese 🌾
Saturday, 08-12	Bean & Barley Soup ♡
Sunday, 08-13	Chef's Choice
Monday, 08-14	Ginger Chicken Noodle
Tuesday, 08-15	Spinach Lentil ♡
Wednesday, 08-16	Peruvian Quinoa ♡/🌾
Thursday, 08-17	Chicken Tortilla 🌾
Friday, 08-18	African Vegetable ♡/🌾
Saturday, 08-19	Spinach Coconut ♡/🌾
Sunday, 08-20	Chef's Choice
Monday, 08-21	Ginger Chicken Noodle
Tuesday, 08-22	Curried Sweet Potato & Lentil ♡/🌾
Wednesday, 08-23	Southern French Vegetable ♡
Thursday, 08-24	Broccoli Cheddar Cheese 🌾
Friday, 08-25	Chicken Mulligatawny
Saturday, 08-26	Red Lentil with Curry & Coconut ♡/🌾
Sunday, 08-27	Chef's Choice
Monday, 08-28	Ginger Chicken Noodle
Tuesday, 08-29	Southwest Corn & Potato Chowder ♡/🌾
Wednesday, 08-30	Chicken Wild Rice 🌾
Thursday, 08-31	Creamy Tomato Parmesan 🌾

served daily – Mama's Veggie Chili ♡ 🌾

Our soups are made in a facility that also processes milk, eggs, tree nuts, peanuts, corn, & wheat. While we adhere to good safety & cleanliness practices that help to ensure ingredients do not cross-contaminate other items, we cannot guarantee it.

🌾 = wheat-free ♡ = vegan