

You'll taste the difference!

All of our Co-op made soups are made from scratch using our from-scratch stock, fresh organic or all-natural ingredients.

September 2023

Friday, 09-01	Chicken Tortilla 🌾
Saturday, 09-02	Spinach Coconut ♥/🌾
Sunday, 09-03	Chef's Choice
Monday, 09-04	Ginger Chicken Noodle
Tuesday, 09-05	Mushroom Barley ♥
Wednesday, 09-06	Chicken & Potato 🌾
Thursday, 09-07	Southern French Vegetable ♥
Friday, 09-08	Broccoli Cheddar Cheese 🌾
Saturday, 09-09	Golden Split Pea ♥/🌾
Sunday, 09-10	Chef's Choice
Monday, 09-11	Ginger Chicken Noodle
Tuesday, 09-12	Spinach Lentil ♥
Wednesday, 09-13	Peruvian Quinoa ♥/🌾
Thursday, 09-14	Chicken Wild Rice 🌾
Friday, 09-15	African Vegetable Stew ♥/🌾
Saturday, 09-16	Red Lentil with Curry & Coconut ♥/🌾
Sunday, 09-17	Chef's Choice
Monday, 09-18	Ginger Chicken Noodle
Tuesday, 09-19	Spinach Coconut ♥/🌾
Wednesday, 09-20	Curried Sweet Potato & Lentil ♥/🌾
Thursday, 09-21	Broccoli Cheddar Cheese 🌾
Friday, 09-22	Chicken Mulligatawny
Saturday, 09-23	Southern French Vegetable ♥
Sunday, 09-24	Chef's Choice
Monday, 09-25	Ginger Chicken Noodle
Tuesday, 09-26	Mushroom Barley ♥
Wednesday, 09-27	Chicken Wild Rice 🌾
Thursday, 09-28	African Vegetable Stew ♥/🌾
Friday, 09-29	Chicken & Potato 🌾
Saturday, 09-30	Curried Sweet Potato & Lentil ♥/🌾

served daily – Mama's Veggie Chili ♥ 🌾

Our soups are made in a facility that also processes milk, eggs, tree nuts, peanuts, corn, & wheat. While we adhere to good safety & cleanliness practices that help to ensure ingredients do not cross-contaminate other items, we cannot guarantee it.

🌾 = wheat-free ♥ = vegan