

Juices

Nature created these succulent fruits and vegetables; we just put our spin on it when we juice them up especially for you! Nothing added, all organic and overflowing with fresh flavor.

	8 oz.	16 oz.
Carrot Juice	\$1.99	\$3.89
Orange Juice	\$1.99	\$3.89
Orange & Carrot Juice Combo	\$1.99	\$3.89
Ginger Wabbit	\$1.99	\$3.89
Carrot, apple & ginger		
Beetnik	\$2.59	\$4.59
Carrot, beet & celery		
Hot off the Press	\$2.59	\$4.59
Carrot, apple, beet, lemon & ginger		
The Green Dream	\$2.99	\$4.99
Wheatgrass, cucumber, granny smith apples & lime		
Kalekiwi Apple	\$2.99	\$4.99
Kale, granny smith apples, kiwi fruit & lime		
Veggie	\$2.99	\$4.99
Wheat grass, parsley, cucumber, carrot & spinach		

Growing Power
Wheatgrass Shot (1 oz.).....**\$2.59**
 served with a 1 oz. shot of organic orange juice

Outpost Catering –

*We offer a full range of party and meeting food from trays to entrées.
 Contact our catering manager 414.755.3202 ext. 452 • aviec@outpost.coop*

Coffee & More

Any hot drink can be iced!
 Soy milk available upon request.

Organic Espresso	\$1.09 single	
	\$1.49 double	
		12 oz. 16 oz.
Organic Coffee	\$1.49	\$1.79
Organic Café Latte	\$2.49	\$3.99
Organic Café Breve	\$2.49	\$3.99
Organic Café Mocha	\$2.49	\$3.99
Organic Chai	\$2.99	
Hot Tea or Iced Tea	\$1.79	
Hot Cocoa	\$1.99	



Add a flavor shot or whipped cream to any drink50¢



State Street

7000 W. State Street
 Wauwatosa, Wisconsin
 414.778.2012
 Open daily

Don't miss our other convenient locations!

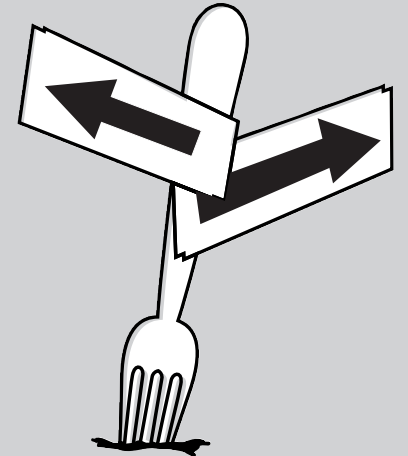
On the corner of 1st & Capitol
 100 E. Capitol Drive
 Milwaukee, Wisconsin
 414.961.2597
 Open daily

Just south of California Street
 2826 S. Kinnickinnic Avenue
 Milwaukee, Wisconsin
 414.755.3202
 Open daily

www.outpost.coop

Menu

Fork in the Road
Café
State Street



Your healthy road map to exciting new flavors!



7000 W. State Street
 Wauwatosa • 414.778.2012

Half Sandwiches

Sandwiches are pre-made and toasted to order.

Looking for gluten-free?

*Sandwiches can be custom made using
gluten-free flat bread upon request*

Mozzarella, Tomato & Basil.....\$3.49

Fresh Wisconsin mozzarella and Outpost's Own walnut basil pesto with organic tomatoes and shredded fresh basil. Vegetarian

Golden Temple\$2.99

Avocado slices, organic tomatoes, organic red onions and Parmesan cheese lightly drizzled with balsamic vinegar and topped with organic sprouts. Vegetarian

Falafel\$2.99

Falafel, organic tomatoes, organic red onions, organic cucumbers and organic sprouts topped with tahini lemon sauce in a whole wheat pita. Vegan

Artichoke Chicken Breast\$3.49

Marinated and grilled all-natural Amish chicken breast and smoked baby Swiss topped with spinach artichoke spread, organic baby greens and organic tomato slices.

Smoked Turkey with Goat Cheese and Fig\$3.49

All-natural smoked turkey breast and goat cheese topped with Outpost's Own mission fig preserves, organic red onions, organic baby greens and organic tomatoes.

Sandwich Special

Choose any **TWO** half sandwiches, mix or match, and get a side salad and dill pickle spear for **FREE!**

Turkey Club.....\$3.49

All-natural smoked turkey breast and nitrate-free bacon topped with oven-roasted organic tomatoes, Swiss cheese, organic baby greens and smoked paprika mayonnaise.

BLT\$2.99

Oven-roasted organic tomatoes, nitrate-free bacon, organic baby greens with smoked paprika mayonnaise.

The Cuban\$3.49

All-natural Black Forest ham and all-natural smoked turkey, topped with Swiss cheese, mustard and dill pickles.

Taste the Difference!

We make our menu items from scratch using fresh natural and organic ingredients including seasonal produce, whole grains and other wholesome foods. Our eggs are local and organic, our coffee is locally roasted, organic or fair trade, and even our tofu is produced locally in small batches. We guarantee you'll taste the difference!

Pizza

Served piping hot from our fresh pizza bar.

- Our crusts are made with organic flours – all-purpose and whole wheat
- We make our own pizza sauce, from scratch
- We use only local cheese

Three Cheese

Our basic – simple and delicious featuring Mozzarella, Parmesan & Cheddar cheese.

Slice\$2.29

Whole Pie\$8.99

Veggie

Our basic cheese pizza topped with organic spinach, organic mushrooms & bell peppers

Slice\$2.29

Whole Pie\$8.99

Pepperoni

Our basic cheese pizza topped with all natural, nitrate-free pepperoni.

Slice\$2.49

Whole Pie\$9.99

Sausage

Our basic cheese pizza topped with Outpost's Own made from scratch pork Italian sausage.

Slice\$2.49

Whole Pie\$9.99

Whole pies are also available to take and bake at home!

Smoothies

Our smoothies are made with real frozen fruits and juices, and wholesome and organic ingredients.

Plus, we don't add ice or fillers!

16 oz.

Strawberry Supurb\$3.59

Strawberries, banana, apple & orange juice

Monkey Shake\$3.59

Banana, cocoa, tofu, soymilk & honey

Maui Wau Crush.....\$4.59

Mango, banana, pineapple juice & soy protein powder

Peach Ginger\$4.59

Peaches, ginger, green tea, lemon sorbet & white grape juice

Blue Moon\$4.59

Blueberries, banana & pineapple

Carribbean Dreaming\$3.59

Strawberries, banana, pineapple, coconut and lemon sorbet

Cranberry Sunrise\$4.89

Cranberries, raspberries, banana and apple juice

***For coffee & juices,
see other side!***