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Outpost organic bulk pistachios are good to eat!

Fortunately for die-hard pistachio lovers, there is still a place in metro Milwaukee where they can buy their favorite nuts. Outpost Natural Foods rises to meet customer's needs by offering shelled and unshelled organic *bulk* pistachios from Braga Organic Farms, a small family farm located in the Central Valley of California. Braga is not indicated with the latest recall involving pistachios.

Braga Organic Farms has been growing and selling organic nuts for over 10 years.

- Quality organic product grown according to strict National Organic Program standards
- Third-party certified organic by California Certified Organic Farmers
- Pack and ship directly from the farm, ensuring quality control
- All nuts come from one plot
- They do not purchase additional nuts from outside sources
- As required by law, products are tested regularly for food borne pathogens

Small farms are rapidly disappearing. Eighty-six percent of all fruits and vegetables are grown near metropolitan areas. Urban development puts these farms at risk. Buying products from small farms supports the rural economy. These farms provide much needed employment and preserve valuable farm and ranchland.

Outpost director of communications, Margaret Mittelstadt, says, "Supporting small family farms, like Braga Organic, is part of doing business at Outpost. In these unprecedented times of food insecurity, it's nice to know the face behind the food you eat."

Learn more about preserving farm and ranchland in America by visiting American Farmland Trust at www.farmland.org.

Soon to celebrate its 39th year serving the greater Milwaukee area, Outpost Natural Foods Cooperative operates three successful locations at 100 East Capitol Drive, Milwaukee, 7000 West State Street, Wauwatosa, and 2826 South Kinnickinnic Avenue, Milwaukee. Co-owned by over 13,600 individuals from Southeastern Wisconsin, it employs nearly 350 people, as well as publishes a free monthly food and wellness magazine (The Exchange). Outpost Natural Foods is the fourth largest cooperatively owned natural food grocer in the country, by sales volume.